



EFiC
EUROPEAN PAIN FEDERATION

2018 ANNUAL REPORT

2018 ANNUAL REPORT

FISCAL PERIOD: 1ST JANUARY 2017 – 31ST MARCH 2018

TABLE OF CONTENTS

1 - PEOPLE	04
1.1 - EXECUTIVE BOARD	04
1.2 - COUNCIL	04
1.3 - EXECUTIVE OFFICE TEAM	04
1.4 - INTRODUCTION	05
2 - PRESIDENT'S REPORT	06
2.1 - STRUCTURAL CHANGES	06
2.2 - CONGRESS	06
2.3 - TEAM CHANGES	07
2.4 - RELATIONSHIP TO CHAPTERS	07
2.5 - ORGANIGRAMME	08
3 - HONORARY SECRETARY'S REPORT	10
3.1 - ADMINISTRATIVE CHANGES	10
3.2 - COMMUNICATIONS	10
3.3 - COMMUNICATION CHANNELS	11
4 - COMMITTEES	12
4.1 - EDUCATION COMMITTEE	12
4.1.1 - STRUCTURE	12
4.1.2 - EDUCATION COMMITTEE CHAIR'S REPORT	12
4.2 - RESEARCH COMMITTEE	14
4.2.1 - STRUCTURE	14
4.2.2 - RESEARCH COMMITTEE CHAIR'S REPORT	14
4.3 - ADVOCACY COMMITTEE	16
4.3.1 - STRUCTURE	16
4.3.2 - ADVOCACY COMMITTEE CHAIR'S REPORT	16
5 - CONGRESS – PAIN IN EUROPE	18
5.1 - 2017 REVIEW	18
5.2 - 2019 PREPARATION	18
5.2.1 - SCIENTIFIC PROGRAMME COMMITTEE CHAIR'S REPORT	18
5.2.2 - CONGRESS PLANNING	20
6 - EUROPEAN JOURNAL OF PAIN	22
6.1 - EDITOR-IN-CHIEF'S REPORT	22
7 - FINANCES	24
7.1 - HONORARY TREASURER'S REPORT	24
7.2 - 2017 ACCOUNTS CLOSE	25
7.3 - AUDITOR'S REPORT	26
7.4 - AUDIT COMMITTEE REPORT	27
7.5 - 2018 BUDGET	27

1 - PEOPLE

1.1 - EXECUTIVE BOARD

President	Prof. Bart Morlion
Vice President	Dr. Chris Wells
Honorary Treasurer	Prof. Elon Eisenberg
Honorary Secretary	Assoc. Prof. Brona Fullen
Member-at-Large	Dr. Magdalena Koçot Kepska
Member-at-Large	Prof. Thomas Tölle

1.2 - COUNCIL

Albania	Apostol Vaso	Lithuania	Arunas Sciupokas
Austria	Rudolf Likar	Moldova	Adrian Belii
Belgium	Patrice Forget	Norway	Astrid Woodhouse
Bosnia-Herzegovina	Amira Karkin Tais	Poland	Andrzej Basinski
Bulgaria	Atanas Temelkov	Portugal	Duarte Correia
Croatia	Ivan Rados	Romania	Adriana Sarah Nica
Czech Republic	Richard Rokyta	Russia	Maxim Churyukanov
Denmark	Thomas Graven-Nielsen	San Marino	Daniele Battelli
Estonia	Kaire Pakkonen	Serbia	Snezana Tomasevic Todorovic
Finland	Nora Hagelberg	Slovakia	Marta Kulichova
France	Gisèle Pickering	Slovenia	Nevenka Krčevski Škvarč
Germany	Michaël Schäfer	Spain	Juan Perez-Cajaraville
Greece	Emmanuel Anastassiou	Sweden	Anna Bjarnegård
Hungary	László Vécsei	Switzerland	Marie Besson
Ireland	Laserina O'Connor	The Netherlands	Michiel Reneman
Israel	Silviu Brill	Turkey	Süleyman Ozyalçin
Italy	Caterina Aurilio	United Kingdom	Andrew Baranowski
Kosovo	Adem Bytyqi	Ukraine	Volodymyr Romanenko
Latvia	Mihails Arons		

1.3 - EXECUTIVE OFFICE TEAM

Executive Director	Sam Kynman
Executive Secretary	Christel Geevels
External Relations Manager	Vittoria Carraro
Congress Manager	Inbar Caspi
Congress Operations and Scientific Programme Manager	Jennifer Simon
Congress Industry Liaison Manager	Maya Ravinsky


1.4 - INTRODUCTION

Dear friends,

Thank you for taking the time to read the first, public Annual Report of the European Pain Federation EFIC. The Federation is taking steps to modernise, and greater transparency and public engagement are fundamental to our development. As I first announced at our last biennial scientific congress in Copenhagen after taking over the Presidency from Chris Wells, the Federation is truly "on the move". Indeed, we are moving forward organizationally, but also literally with the start of my Presidential campaign. You will notice in the following paragraphs that this was not just a cheap slogan. I'm grateful to Chris, our Past President. He created momentum and a wave for change, which I am lucky to surf on.

2018 is a monumental year for the Federation. We have been in existence for 25 years, with a rapid growth in activities over those years. However, perhaps more monumental, at our 2018 Annual Council meeting, the Chapters of the European Pain Federation EFIC took the decision to elect Dr Brona Fullen to serve as the next President of the Federation. Brona's election is a clear symbol of our dedication to multidisciplinary pain treatment, and I am positive that she will continue to modernise the Federation in ways that serve to improve the field of pain medicine and to support our community of clinicians and researchers.

Below, and after my own President's Report, you will find the reports of our various Executive Board members and Committee Chairs, as approved at our Annual Council meeting. We hope they give you a good introduction to our work and the future direction we intend to take.



Bart Morlion
President



EFIC Council 2018, Brussels

2 - PRESIDENT'S REPORT

2.1 - STRUCTURAL CHANGES

To improve the productivity of the Federation, we have reorganised our Committees. We now have three core Committees, dealing with 1. Education, 2. Research, and 3. Advocacy. Each of these Committees is organised in a series of task-oriented Working Groups, with specific responsibilities and outputs. The Chairs of these Committees are Andreas Kopf (Education), Christopher Eccleston (Research) and Thomas Tölle (Advocacy). Our Chairs are given autonomy to organise their work, and Andreas and Chris attend Executive Board meetings as co-opted (non-voting) members. We held an open call for volunteers to these Committees, and received over 100 full applications, which we hope will give some new energy to our work from committed people. In addition to these 'core' Committees, we have also reorganised our 'operational' Committees. We have created new Committees with responsibilities for Fundraising and Sustainability as well as for Ethics and Transparency.



2.2 - CONGRESS

One of the boldest changes we have made during my Presidency, though initiated under my predecessor, is the overhaul of our biennial scientific congress, 'Pain in Europe'. Our Congress remains one of our most successful initiatives regularly attracting over 3,000 attendees. The environment for scientific meetings is changing, more so now than at any other time over the past 25 years. In order to adapt to these changes, the Executive Board felt it was necessary to make a bold change and leave Kenes, our congress partner of many years. While Kenes remain one of the major players within the world of professional congress organisers (PCOs), we felt that we would benefit from a change and different strategic leadership.

Rather than simply move to another PCO, we have decided instead to take a whole new approach to congress organisation, and to take the key strategic components, such as budget management, promotion, and scientific programme coordination, 'in-house'. This, rather than the PCO change, is what will hopefully deliver an improved congress in 2019 and a successful and well-regarded congress for years to come. We will work with the PCO K.I.T. Group in 2019, though in a supporting position rather than a leading position. K.I.T. will be responsible for the extensive logistics and back-end responsibilities, lending support to the Federation on the more strategic elements.

We will now control the budget of the congress, with complete transparency and decision-making power. Our scientific programme coordination will benefit from having a dedicated Federation team member coordinating with our SPC chair. Our promotion, both to attendees and to sponsors, will benefit hugely from having direct Federation involvement. We are confident that these changes are what is required to help navigate the tempestuous waters of the scientific meetings environment today.

2.3 - TEAM CHANGES

We took a major step forward in 2017 by appointing an Executive Director to spearhead the initiatives of the Executive Board. Sam Kynman was tasked with establishing a team to meet the challenges the Federation faces. Our Assistant, Sarah Darley, left in mid-2017, and rather than find a like-for-like replacement, we recruited a new External Relations Manager, responsible for communications, advocacy, and relations with partner organisations and industry. Vittoria Carraro joins Sam and Christel Geevels, our Executive Secretary. Vittoria comes from a political and communications background, having worked for a number of years in London for a major public affairs agency, specialising in health policy.

To handle the responsibilities referred to above for our new congress organisational style, we have recruited a number of team members from the world of congress management. We are working with Inbar Caspi (Congress Manager), Jennifer Simon (Operations and Scientific Programme Manager), and Maya Ravinsky (Industry Liaison). They each come with years of experience in their field. Inbar in particular is an expert in leading medical societies through the change in taking control of their scientific meeting. Inbar, Jennifer and Maya serve as consultants to the Federation, though we consider them part of our Executive Office team, and they will represent the Federation externally.



EFIC Congress 2017, Copenhagen

2.4 - RELATIONSHIP TO CHAPTERS

It is the Executive Board's intention to strengthen the links between the European Pain Federation EFIC and its Chapters. I have visited many Chapters already over the last years as President-Elect and in my first year as President, and I intend to visit more over the coming two years. Our Executive Director, Sam Kynman, has organised phone calls with most Councillors, to understand more their priorities and challenges. We hope that the relationship between Chapters and our Executive Office strengthens, and that Chapters make the most of the support and expertise our team can provide. We have already started assisting Chapters in the promotion of their events and activities through our social media, and we would like to go further. As a second step, we asked that Councillors fill in a survey, which will allow them to provide their thoughts on our work formally. At the Council meeting itself, we held a brainstorm to elaborate on the results of the survey, to discuss common priorities, and to hopefully find a common approach to some of these priorities. I hope that the outcome of the brainstorm will strengthen further our dialogue and that we have greater inclusion of Councillors and Chapters in our work.

Bart Morlion
President

2 - PRESIDENT'S REPORT

2.5 - ORGANIGRAMME – COMMITTEE STRUCTURE

CORE COMMITTEES – WORKING GROUPS AND MANDATES

CONGRESS COMMITTEES – MANDATES

OPERATIONAL
CONGRESS PLANNING, OVERSIGHT OF CONGRESS
FINANCES, DEVELOPMENT OF FRAMEWORK FOR SPC

SCIENTIFIC PROGRAMME
DEVELOPMENT OF CONGRESS SCIENTIFIC PROGRAM-
ME FRAMEWORK AND COORDINATION OF SESSION
ORGANISERS

LOCAL ORGANISING
SOCIAL ACTIVITIES AND LOGISTICS ADVICE

EDUCATION COMMITTEE

**WG - EUROPEAN DIPLOMA IN PAIN
MEDICINE (EDPM) CURRICULUM**
REVISION OF THE EDPM CURRICULUM

WG - UNDERGRADUATE CURRICULUM
REVISION OF THE UNDERGRADUATE
CURRICULUM

WG - COMMON TRAINING FRAMEWORK
DEVELOPMENT OF CTF

WG - EDPM EXAM
ORGANISATION OF THE EXAM

**WG - EUROPEAN DIPLOMA IN PAIN
PHYSIOTHERAPY (EDPP) EXAM**
ORGANISATION OF THE EXAM

**WG - NURSING & PHYSICIAN
ASSISTANTS CURRICULUM**
DEVELOPMENT OF CURRICULUM

**WG - CLINICAL PSYCHOLOGY
CURRICULUM**
DEVELOPMENT OF CURRICULUM

WG - PAIN SCHOOLS
COORDINATION OF SCHOOLS PLANNING

WG - PATIENT EDUCATION
DEVELOPMENT OF EDUCATIONAL TOOLS
FOR PATIENTS

**WG - E-LEARNING EDUCATION
PLATFORM**
DEVELOPMENT OF PLATFORM
SPECIFICATIONS

RESEARCH COMMITTEE

WG - RESEARCH STRATEGY
DEVELOPMENT OF AN OVERARCHING
RESEARCH STRATEGY FOR THE
FEDERATION, TO GUIDE OTHER
PROJECTS

WG - GRANTS AND PRIZES
DECISION-MAKING ON EFIC
ADMINISTERED RESEARCH GRANTS AND
PRIZES

WG - CLINICAL AFFAIRS
OVERSIGHT OF EFIC'S CLINICALLY-
FOCUSED TASK FORCES

WG - TRANSLATIONAL RESEARCH
IDENTIFY GAPS AND PROPOSE BRIDGES
BETWEEN BASIC RESEARCH AND
CLINICAL NEEDS

**WG - COLLABORATION AND
PARTNERSHIPS**
GUIDING THE EFIC ROLE IN
COLLABORATIVE RESEARCH
PROJECTS AND IDENTIFYING
PARTNERSHIP OPPORTUNITIES

ADVOCACY & LIAISON COMMITTEE

WG - SOCIAL IMPACT OF PAIN
SIP PLATFORM, COMMISSION EXPERT
GROUP

WG - NETWORKING AND LIAISON
DEVELOPMENT OF RELATIONS WITH
OTHER SOCIETIES, MOUS

WG - RESEARCH PROMOTION
ADVOCACY ACTIVITIES TO PROMOTE THE
FEDERATION'S RESEARCH STRATEGY

**WG - EUROPEAN YEAR AGAINST
PAIN (EYAP)**
COORDINATION OF EFIC INPUT IN THE
DEVELOPMENT OF EYAP MATERIALS

WG - 'ON THE MOVE'
DEVELOPMENT OF CAMPAIGN MATERIALS
ON PRIMARY PREVENTION AND
MOVEMENT

OPERATIONAL COMMITTEES – MANDATES

COMMUNICATIONS
WEBSITE, NEWSLETTER, SOCIAL MEDIA,
CAMPAIGNS, PRESS

EDUCATION AND FINANCIAL SUPPORT
FELLOWSHIPS, CONGRESS FINANCIAL AID,
AD HOC FUNDING REQUESTS

ELECTION NOMINATIONS
EXB ELECTIONS PROCESS

AUDIT
SIGN-OFF ON ANNUAL ACCOUNTS

SUSTAINABILITY AND FUNDRAISING
FUNDRAISING STRATEGY,
FINANCIAL PLANNING CONSULTATION

ETHICS AND TRANSPARENCY
TRANSPARENCY AND INTEGRITY POLICIES,
AD HOC ADVICE

3 - HONORARY SECRETARY'S REPORT

3.1 - ADMINISTRATIVE CHANGES

Dear friends

It has been an honour to serve the Federation in my capacity as Honorary Secretary. With the support of the Executive Board, we have made a few changes to the way the Federation's work is organised from an administrative perspective.

Firstly, as we have given a lot of responsibility to our Core Committee Chairs and Scientific Programme Committee (SPC) Chair, we have made it obligatory that they attend Executive Board meeting as 'co-opted' members. This means that they attend and report to the Board on progress within their Committees, whilst also advising on the Federation's direction in a non-voting capacity. We have benefited greatly from the wise counsel of Chris Eccleston, Andreas Kopf and Frank Huygen.

Our Executive Board meetings require minutes to be drafted within a week, with provisional approval requested from the Board members, to give the Executive Office clear instruction on the actions to be pursued and decisions taken. Minutes are structured into clear 'task lists' mapped to specific individuals with agreed timelines set.

The Executive Office will move into a new office after the summer break, allowing for more professional representation in Brussels. The new building will have its own Board room, as well as video conferencing and recording facilities for future projects. We will also be moving to a new video conferencing service to allow for high-quality remote Executive Board meetings, saving on travel time and expense.



3.2 - COMMUNICATIONS

Communications from the European Pain Federation have improved greatly since Vittoria Carraro joined the expanded Executive office team.

Since October 2017 our social media channels have been coordinated to rationalise the Federation's communications. All our channels are directly managed by the Executive Office, whilst before some were handled by external consultants. This has increased their coherency and timeliness. If the Federation commits to a particular campaign or project, it can now use multiple channels to effectively communicate key messages without delay.

The channels are constantly updated with live interaction from meetings the Federation takes part in, announcements and promotion of our upcoming activities, awareness raising on pain issues, and opportunities for pain education, as well as on the scientific content of the European Journal of Pain.

Social media requires constant interaction and responsiveness to the queries of our online community as well as engagement and curation of our followers.

Social media channels growth: November 2017- June 2018

- Twitter: 23% new followers
- Facebook: 21% new followers

The Federation's website is currently under redevelopment. We expect to have a renewed website by September 2018 with a much more sophisticated display of information, using a template that is easier to consult and update, with a more modern visual feel, better search engine optimization (SEO), a news feed on the homepage, as well as being optimised for mobile.

The quarterly newsletter still remains the key source for updates on the Federation's work. The 1st issue of our quarterly newsletter for 2018 was distributed on 3 April, the 2nd issue will be distributed on 5 July. The 3rd issue will be distributed at the end of September and the 4th by mid-December.

A major change to our communications was the launch of the European Pain Federation Education Platform. Launched in March 2018, the platform features the most comprehensive selection of lectures and presentations recorded at Congresses and Pain Schools hosted by the European Pain Federation, curated and sorted by themes, speakers and key words.

As part of the Federation's restructuring, a new Communications Committee has been formed and will evaluate and give further recommendations to our communication strategy. It will also offer feedback on the scientific content of all the activities mentioned above and share new ideas for improving communication with our community, partners and the general public.

Brona Fullen
Honorary Secretary

3.3 - COMMUNICATION CHANNELS

- [Website](#)
- [YouTube Channel](#)
- [Facebook Channel](#)
- [Twitter Channel](#)
- [LinkedIn Channel](#)
- [LinkedIn Group](#)
- [Quarterly Newsletters](#)
- [Education Platform](#)



4 - COMMITTEES

4.1 - EDUCATION COMMITTEE

4.1.1 - STRUCTURE

Working Groups

Chair

EDPM Curriculum	Bart Morlion
Undergraduate Curriculum.....	Andreas Kopf
Common Training Framework	Andreas Kopf
EDPM Exam	Liam Conroy
EDPP Exam	Harriet Wittink
Nursing Curriculum.....	Emma Briggs
Clinical Psychology Curriculum	Geert Crombez
Pain Schools	Troels Jensen
Patient Education	Snezana Tomasevic Todorovic
E-learning Education Platform	Ruth Zaslansky

4.1.2 - EDUCATION COMMITTEE CHAIR'S REPORT

Dear friends,

I have served the Federation as Education Committee Chair for 6 years, though as our work has expanded exponentially, I am happy to draw upon a new group of volunteers and a new way of working. The formation of the new Education Committee through dedicated Working Groups with their own Chairs will help us achieve much more. All Working Group chairs have accepted their assignments and their Working Groups are being assembled. A first meeting of the Working Group Chairs in October 2018 will develop detailed blueprints for each project and identify overlaps and synergies. Until then, initial plans and milestones of the projects ahead will be defined.

Below are the priorities for the new Education Committee, formulated with the European Year for Excellence in Pain Education in mind.

- The Core Curriculum for the European Diploma in Pain Medicine (EDPM) will be reviewed, focusing on learning objectives and CANMED roles. The Pain Schools and refresher sessions of the congress will be brought into sync with the EDPM curriculum, and new concise learning materials will be developed.
- The Core Curriculum for Undergraduates will likewise be reviewed and updated, focusing on learning objectives and CANMED roles
- A Common Training Framework (CTF) for clinicians working in Pain Medicine will be developed, defining essential and desirable requirements for training sites and trainers, as well as practical and theoretical fellowship elements, starting with a survey of existing CTFs in Europe.

- The Examinations for the European Diploma in Pain Medicine (EDPM) and European Diploma in Pain Physiotherapy (EDPP) will be continually adjusted and improved, following recent positive experiences in Leuven. A fixed location, with appropriate facilities and educational support is a priority.
- Curricula for Nursing and Clinical Psychology will be developed, focusing on their experiences in dealing with pain, with examinations foreseen in the future. A review of existing curricula and an assessment of the knowledge level to target the curricula will be a first step.
- The European Pain Federation Pain Schools, one of our longest running projects, will be re-evaluated. The reevaluation will look at the target group for the schools ('specialist' or 'non-specialist'), recruitment from across Europe, homogenization of lecturer's input, and matching schools content to our curricula, refresher courses and future e-learning content.
- Patient Education tools will be developed. Following our intention to be more patient-inclusive in our work, we will be hoping to develop educational tools targeted at patients directly and their own learning and self-management. We will start by working collaboratively with patients' organisations, understanding what needs there are, and what is currently available.
- We will be hoping to develop an E-Learning Platform that provides greater access to the Federation's educational materials. The Platform will provide options for studying material relevant to our curricula and will host the educational content from our Pain Schools and Congresses in a structured way.



Examiners for the EDPP 2018, Leuven



Examiners for the EDPM 2018, Leuven

We know this is an ambitious programme, but we believe there is great value in each of these projects, and that progress is achievable within a 3-year timespan with hard-working project leaders.

Andreas Kopf
Chair, Education Committee

4 - COMMITTEES

4.2 - RESEARCH COMMITTEE

4.2.1 - STRUCTURE

Working Groups

Research Strategy	Chris Eccleston
Grants and Prizes	Barbara Przewlocka
Clinical Affairs	Nanna Brix Finnerup
Translational Research	Thomas Graven Nielsen (co-chair)
Collaborations and Partnerships	Gisele Pickering

Chair

4.2.2 - RESEARCH COMMITTEE CHAIR'S REPORT

Dear friends,

It was with great pleasure that I accepted the role of Chair of the Federation's Research Committee. I want to pass on my regards to Luis Villanueva, who previously chaired this Committee, and provided strong scientific guidance towards the past programmes of our scientific congress, as well as determining the winners amongst the young researchers applying for the EFIC-Grünenthal-Grant (E-G-G).

The Committee is now moving into a new era, and I hope it will benefit from the reorganisation of the Federation's structure around specific Working Groups. My aim, along with my vice-chair Thomas Graven Nielsen, is to expand the scope of the Federation's work on research projects. The Federation's work increased already over the past few years, including involvement directly in research consortia and putting forward position papers to the European Commission on the inclusion of pain within their research programme.

The first step for the Committee will be to develop a European Pain Research Strategy. This Strategy will determine the future role of the Federation, defining priority pain research gaps, and how they might be filled. Sometimes there might be a role for the Federation directly, other times it might be for the Federation to push other organisations and funders of research to explore these gaps.

The Federation's role in administering and offering Grants, Prizes and Awards related to research will be coordinated by a specific Working Group. This group will coordinate the poster prizes at our biennial scientific congress, the E-G-G, the IBSA awards, and any future Grants, Prizes and Awards we develop.

Our Clinical Task Forces are an important part of the Federation's work, aiming to influence clinical practice through the dissemination of guidelines, standards, documents and position papers. The Research Committee will oversee this work and aim to instil strong research methodologies within each of the Task Forces to ensure the final product is robust.

Translational research broadly defined, from fundamental studies, via experimental human studies to clinical intervention studies, is of utmost importance for progress within pain management. Backward translation from clinical manifestations to fundamental research is also of importance. A critical task is to determine a pathway for the basic science study of pain pathophysiology, prevention, treatment and management of clinical pain conditions, and to establish effective mechanisms for knowledge translation. Mapping concepts, opportunities and needs within translational pain research in Europe will be the role of one of our Working Groups.

Research Partnerships will become increasingly important to the Federation, especially now that we have taken the significant step of working within a research consortium as part of the European Commission's Innovative Medicines Initiative (IMI2) programme. A Working Group will steer this project, learn from our experience within this consortium, and aim to find future opportunities for us to participate in large research projects. As well as participating directly, the Working Group should aim to build relations with other medical societies, to learn from their experiences and develop partnerships that lead to future collaboration.

It should go without saying that each of our Working Groups will aim to develop patient-centred approaches and will work with patients' groups directly as much as possible.

Christopher Eccleston
Chair, Research Committee

4 - COMMITTEES

4.3 - ADVOCACY COMMITTEE

4.3.1 - STRUCTURE

Working Groups

Social Impact of Pain.....	Bart Morlion
Networking and Liaison.....	Thomas Tölle
'On the Move'.....	Brona Fullen
European Year Against Pain 2019.....	Patricia Schofield
European Year Against Pain 2020.....	Brona Fullen
Research Promotion.....	Rolf-Detlef Treede

Chair

4.3.2 - ADVOCACY COMMITTEE CHAIR'S REPORT

Dear friends,

It is a pleasure to take responsibility for advocacy activities in the European Pain Federation EFIC. I have long been involved in the Societal Impact of Pain campaign, one of our strongest achievements, and I think we can do much more. Pain clinicians should play a strong role in changing policies affecting pain through political activities. This Committee will spearhead campaigns on how we do this. Our work on advocacy would not be possible without Vittoria Carraro, our External Relations Manager, who supports our Working Groups, provides advice and drives campaigns.

Since 2017, the Societal Impact of Pain (SIP) campaign, has shifted focus, from big marquee events in Brussels, to the launch of SIP platforms at national level. The Federation has played a crucial role in guiding our chapters on how to set up these platforms. We have had launch meetings already in France and Belgium, and we have plans in place in Spain, Portugal, Slovenia and the Netherlands. The SIP Working Group will play a role in guiding these national platforms, as well as providing scientific validation of the aims and materials of the campaign overall. Along with the national platforms, SIP has continued to be active in Brussels – pushing for greater EU funding for pain research, and (at the request of the European Commission) coordinating a joint statement among stakeholders interested in pain, on the current political landscape and policy interventions required in the future to address the societal impact of pain. We will present the final statement to the European Commission in November 2018 and we will continue to use it for policy engagement afterwards. This project is managed jointly by the European Pain Federation and Pain Alliance Europe (a patients' organisation).

Networking and Liaison are activities which the Federation should focus on more, using our great connections to other disciplines and groups, to establish formal partnerships and greater cooperation on pain matters. Central to this activity will be the 'European Pain Forum'. The Forum will hopefully bring together all European medical societies relevant to pain, to work together and promote cooperation on issues where we share a common scientific understanding. This platform could lead to common responses to requests for expert opinion, the development of common

clinical guidelines, and perhaps the development of common educational tools. A first kick-off meeting (mainly at staff level) was held on the 29th June 2018. The meeting was successful and we expect as outcome a general agreement of our main scientific partners to work together around the shared understanding of pain as a biopsychosocial phenomenon, and the shared interest in organising a more formal, high level meeting among the presidents of the represented organisations in the beginning of 2019.

Our president Bart Morlion has launched the idea of a presidential campaign, that will run across the three-year mandate of each President. The theme for 2017-2020 is 'EFIC On the Move' focusing on the importance of physical activity in preventing primary and secondary pain. In June we had a first working lunch with a few members of the European Parliament to gather their support and discuss ideas for the campaign. In the next months we will focus on social media activities to promote the importance of physical activity to prevent pain chronification. A Working Group has been created to start working on the scientific and educational content of the campaign, that will be disseminated in 2019 and during a dedicated event at our biennial Congress in Valencia.

The European Year Against Pain has been a collaborative project with our partners at IASP, with co-chairs from each organisation leading a group in developing campaign materials. In the past, once the materials have been developed, the role of the Federation has been very small. We intend to do more to help disseminate the campaign across Europe, perhaps with our own events or campaign materials tailored to Europe. We will also allow the co-chairs from the European Pain Federation side to create a small Working Group to pool ideas from across our chapters, and to create a group who can help disseminate across Europe.

Research Promotion is a big priority at European level, with the European Union being one of the biggest funders of research globally. The European Pain Federation put together a group of experts in pain research to identify key areas where more funds for pain research were needed. The group compiled their input in a position paper that was used to advocate for funding for pain research to be included in the new research and innovation budget of the EU (2020-2024). The paper will inform the Research Strategy being compiled by the Research Committee under Chris Eccleston's stewardship. The Advocacy Committee will then pursue the Research Strategy in concrete advocacy terms, meeting with EU officials and other funders of research.

We are expanding beyond the SIP campaign with various new advocacy projects and proving that the European Pain Federation is a strong player in advocacy, towards the European Union and elsewhere.

Thomas Tölle
Chair, Advocacy Committee

SIP Meeting 2017, Malta



SIP Meeting 2017, Malta



SIP Meeting 2017, Malta

5 - CONGRESS – PAIN IN EUROPE

5.1 - 2017 REVIEW

'Pain in Europe X: Bringing Pain Relief to All Patients' was our most advanced congress yet, in terms of the size of the programme and the integration of our pain curricula into the refresher courses. We were very satisfied with the quality of the content and the high attendance in each of the sessions.

The Congress also seemed to demonstrate a real impact on clinical practice. Of the 955 evaluations forms completed, 772 (82.8%) participants said they would make changes to their professional practice based on what they learned at the Congress. Moreover, 840 (89.7%) participants that filled in the evaluation said that the Congress would improve their professional performance.

Delegates proposed to have more practical workshops; patient cases; topics related to experience with patients and success with difficult or complex pain patients. These priorities are shared by the Scientific Programme Committee for 2019.



Delegates made practical suggestions on the programme structure and networking opportunities, which we are keen to address ahead of 2019.

5.2 - 2019 PREPARATION

5.2.1 - SCIENTIFIC PROGRAMME COMMITTEE CHAIR'S REPORT

Dear friends

It is an honour to be given the responsibility to prepare the scientific programme for the 2019 Congress of the European Pain Federation EFIC. I am following in the footsteps of Chris Eccleston and Thomas Tölle, who prepared excellent programmes in 2015 and 2017 respectively. Below is an overview of preparations for 2019, 'Pain in Europe XI, Bringing the Future to the Present'.

Provisional deadlines for development of the programme

We closed the call for regular workshops and Young Investigators sessions proposals on 18 June 2018 with more than 160 submissions, a 50% increase on 2017. The review will be done by the Scientific Programme Committee and will be completed by summer 2018.

Plenaries and submitted workshops will be finalised by the end of August 2018; so that our increased promotional efforts can start in September 2018, a year before the Congress. We will keep open spaces in the programme for late breaking news in 2019. Submission for late-breakers will be in June 2019.

We will open the call for abstract submission in September 2018; and we expect to close it in the middle of March 2019. Consequently, abstract sessions will be finalised by the end of May 2019.

Refresher courses and special sessions are expected to be finalised by February 2019. We have already developed an outline for the refresher courses.

We intend to apply for CME accreditation by the middle of April 2019.

Headings and tracks as we currently know them

The scientific programme will cover all areas of interest in the field of pain and pain management. We will implement basic science and integrate this into presentations of clinical practice, skills in diagnoses and treatments. We will put great value in the proper recognition of multimodal and multidisciplinary approaches to pain.

We will have various tracks in order to ensure well-balanced and diverse scientific content:

1. Plenary sessions throughout the congress days offering the opportunity to hear international experts discuss a broad range of topics.
2. Refresher Courses sharing state of the art knowledge, elaborating on the core curricula developed by the European Pain Federation.
3. Workshops providing an ideal forum for a linked series of reviews or data presentation with ample time for discussion.
4. Special sessions organised with patient representatives.
5. Spanish-speaking tracks giving an opportunity to a larger number of local delegates to join our sessions.
6. Abstract presentations in oral and poster sessions.

Highlights and key ideas - making 'bringing the future to the present' a reality.

In the upcoming Congress, we will create interactive sessions that foster a learning environment and enable delegates to network with each other. We will have debates, quizzes, hands-on sessions, case presentations, and poster discussions.

In line with our ambition to 'Bring the Future to the Present', we will have Young Investigators sessions enabling young talented researchers to present their cutting-edge work on stage. They will be introduced by their mentors, who will introduce and summarize these sessions. We received 20 Young Investigators workshop proposals, which will be reviewed by the Scientific Programme Committee during the review period.

Some of the sessions will specifically focus on the educational needs of the young generation. The sessions will provide them with essential tools and skills for their career development.

Presenters of accepted abstracts will share their research either on stage or in poster format. Both will enable delegates, including the young generation, to contribute to the programme.

I am confident that 2019 will see our strongest programme yet, taking the European Pain Federation EFIC Congress into the future, delivering a satisfying programme for young clinicians and researchers.

Frank Huygen
Chair, Scientific Programme Committee

5 - CONGRESS – PAIN IN EUROPE

5.2 - 2019 PREPARATION

5.2.2 CONGRESS PLANNING

In previous years, the control of the congress budget, its financial outcome, the execution of the congress and the relations with the stakeholders were in the hands of Kenes, a professional congress organiser (PCO). Consequently, the Federation risked losing relevance to its stakeholders including participants, members and industry partners. The Federation recently took substantial steps towards in-house congress management when it decided to end its long-term partnership with Kenes. The Federation is taking over its congress management in a controlled and gradual transition, taking into consideration its priorities, strength and capacities.

While many of the congress related activities are now managed by the in-house team, the European Pain Federation contracted with K.I.T Group to continue outsourcing part of the congress assignments. K.I.T Group will be acting as an extension to the in-house congress team to manage administrative aspects of the Scientific Programme; Promotion; Accommodation & Registration Services; Sponsorship and Exhibition Sales; Congress Operation; and Finance Operation.

In addition to overseeing the services K.I.T Group is managing; the in-house congress team is responsible for Budget Management; Speakers Coordination; Scientific Programme content outline; and Industry Relations. Inbar Caspi acts as the Congress Manager overseeing the congress budget and contracts with various suppliers and service providers. She advises on numerous key decisions. She is also taking part in the bidding purchasing and contracting of the future venue for the 2021 congress. Jennifer Simon as the Congress Operations & Programme Manager is managing the timeline of the congress and assists on various operation and promotion related tasks around the congress. She works together with the Scientific Programme Committee Chair to build a rich scientific programme and ensure smooth communication with the faculty and programme committee members. Maya Ravinsky, as the Congress Industry Liaison Manager, is responsible for establishing long-term relations with the industry. She raises the support for the congresses along with the support of the association to create a legacy plan.

September 2018, just a year before the Congress, is one of the major deadlines to target. By this month, we want to open registration & accommodation and abstract submission; and we want to publish the timetable including plenaries and workshops. We also need to close major partnerships with the industry. This is also the month to launch our extensive promotion plan that includes social media; cross-promotion with related associations and events; and ambassador programme.

Selection of suppliers and service providers will be finalised by the end of this year. Apart from abstract presentations (stage and poster), the majority of the sessions will also be outlined by the end of 2018.

Through taking responsibility for the congress largely in-house, we expect to see much progress in terms of higher attendance, stronger industry support, and improved financial performance.



11TH CONGRESS OF THE EUROPEAN
PAIN FEDERATION EFIC®
4-7 SEPTEMBER 2019
VALENCIA, SPAIN



PAIN IN EUROPE XI
BRINGING THE FUTURE TO
THE PRESENT

6 - EUROPEAN JOURNAL OF PAIN

6.1 - EDITOR-IN-CHIEF'S REPORT

Dear friends,

In 2017 the European Journal of Pain (EJP) increased the number of submissions (from 598 to 630) and the impact factor (from 2.9 to 3.1), the rate of rejections remaining stable at ~80%. A number of changes in the Editorial Board were implemented in 2017-18:

Bart Morlion who was Section Editor of the Journal became President of the European Pain Federation and therefore Deputy Editor ex officio. One long-standing Section Editor, Stephen Morley, sadly passed away in 2017, and Section Editor Christine Hermann stepped down from her position. New Editors were therefore appointed: Michael Schäfer (Berlin); Lance McCracken (London); Christine Chambers (Halifax), and Michele Curatolo (Seattle). In parallel, long-standing members of the Advisory board with little or no late activity are being progressively replaced, by young colleagues: 12 positions have accordingly been exchanged in 2017-18.

The Journal initiated in 2017 a policy of publication of articles reflecting the position of the European Federation on a number of important and timely items. After one paper on appropriate use of opioids in 2017, a European Pain Federation position article on the use of cannabis-derived medicines will appear this year, along with a recently published European survey on the legal and regulatory aspects of medical cannabis use in 30 European countries. These contributions appear in the context of semi-monographic issues including 4-6 papers original contributions, reviews and points of view on the same topic. In parallel, homogenous series of papers on a given topic from different EJP issues are joined together as "virtual issues", which can be consulted from the Journal's Web page to provide a rapid, broad and immediate access to the subject. Virtual issues on Fibromyalgia and Pain in Children are already available, and those on Opioids and Cannabis-derived medicines will be ready soon.

We have been confronted to ethical problems regarding studies in neonates, due to the frequent lack of appropriate analgesia in control groups. This growing problem in paediatric pain research has given rise to a number of alarming reports. The EJP is taking leadership on this matter and will be the first pain journal that explicitly excludes from eligibility any paper on neonatal/infant pain not including appropriate analgesia in control groups.

The European Journal of Pain firmly remains in a position of scientific excellence. We are however confronted by multiple challenges, not least the increasing concurrence of periodicals attracting authors via less stringent requirements to publish.

We pursue an active strategy to gain visibility, enhance content dissemination, and optimise selection to improve our position in the fields of pain science and pain clinics.

The European Pain Federation Councillors and Executive Board members have a crucial role to play by enhancing the recognition of the Journal in their respective countries, prompting talented colleagues to submit their best productions to EJP, and referencing EJP work in their own papers, to keep the EJP as the incontrovertible reference of pain research and clinics in Europe.

Luis Garcia-Larrea
Editor-in-Chief, European Journal of Pain



7 - FINANCES

7.1 - HONORARY TREASURER'S REPORT

Dear friends,

The Executive Board, under Bart's Presidency, have made budgetary control and fundraising a key part of the changes to be made to the European Pain Federation. As Treasurer, it is my responsibility to provide effective stewardship of our finances, and I believe we are taking the right steps.

Firstly, the Federation closed the 2017 financial year in a strong position, and we are thankful for the financial success of our congress over the last ten years for providing us with this stability. However, we cannot rest on this position, and we must prepare for the future.

Our operational funding, which pays for our staff, our meetings, our projects and our communication materials, is largely dependent on one or two sources. Our congress has historically provided around 50% of our funding, with industry grants providing a significant proportion of the remainder. Unfortunately, our congress was not performing as well for us financially in recent years. We believe some of the factors behind this were avoidable.

Our income from each biennial congress has declined steadily since 2011, and the size of our budget surplus for each two-year cycle has also declined. If we continued down this path without making a change, we would eat into our savings without a plan for change. The congress clearly needed to be addressed, though we also considered other changes to the Federation that would help improve our finances.

The plan we have can be summed up by the following:

- Developing an in-house congress team to strategically manage parts of the congress, increase sponsorship and promote it more effectively to potential attendees
- Changing PCO but, more importantly, changing the way we manage the congress, so that we control the budget and that all the surplus goes to the Federation
- Hiring an External Relations Manager to develop long-term partnerships with industry and promote the Federation to a wider audience of stakeholders, increasing reputation and prestige
- Hiring an Executive Director to reorganise the Federation, increase productivity and drive strategic change re: congress changes, industry partnerships and long-term planning
- Creating a new Committee on Fundraising and Sustainability to develop a long-term fundraising and sustainability plan, to diversify funding sources and identify new sources

- Improving budget management via our Executive Office, using new accountancy software to monitor budgets, using tendering processes, and controlling project budgets and financially complex projects

These plans require investment now, which means we will have a budget deficit in 2018. However, we believe that our finances, and the long-term future of the Federation, are best secured through this investment in people, focused around areas of strategic importance.

One final point to note: The Federation have purchased an office property in the EU quarter of Brussels. The property is an investment rather than a simple cost, and property values in this part of Belgium have been known to appreciate steadily. We will also benefit from a reduction in rental expenditure after September 2018.

Elon Eisenberg
Honorary Treasurer

7.2 - 2017 ACCOUNTS CLOSE

INCOME		
Item	Budget	Actuals
EJP	174,643.00	183,403.08
Industry support*	368,000.00	390,915.80
Miscellaneous	50,000.00	
- Contributing members		3,400.00
- Examinations		29,853.46
Congress	600,000.00	605,724.10
Financial income	6,800.00	5,722.19
Pain Out*	105,000.00	105,000.00
Total income	1,254,443.00	1,324,018.63
*Approximately €310,000 of income is committed entirely to specific projects, such as Pain Out. These figures will be presented separately in future accounts.		

7 - FINANCES

7.2 - 2017 ACCOUNTS CLOSE

EXPENDITURE		
Item	Budget	Actuals
Office expenses	106,900.00	77,668.19
Databases and website	45,000.00	38,565.02
PR expenses	47,500.00	103,405.00
Audit, lawyers etc.	56,000.00	91,540.11
Meeting expenses	152,500.00	66,560.05
EJP	220,000.00	78,866.75
Educational programs	450,000.00	463,028.65
Salaries	175,000.00	275,039.48
Depreciation	2,500.00	4,207.77
EXB expenses	27,600.00	58,500.00
Taxes	31,100.00	10,185.54
Financial costs	2,500.00	10,558.95
Total expenditure	1,286,100.00	1,278,125.51

7.3 - AUDITOR'S REPORT



**STATUTORY AUDITOR'S REPORT TO THE GENERAL MEETING OF
EFIC EUROPEAN PAIN FEDERATION
FOR THE YEAR ENDED 31 MARCH 2018
(TRADE REGISTER OF BRUSSELS, DEPARTMENT DUTCH – VAT BE 0470.073.480)**

In the context of the statutory audit of the annual accounts of EFIC European Pain Federation (the "organisation"), we hereby present our statutory auditor's report. It includes our report on the audit of the annual accounts as well as our report on the other legal and regulatory requirements. These reports form part of an integrated whole and are indivisible.

We have been appointed as statutory auditor by the general meeting of 5 September 2017, following the proposal formulated by the board of directors. Our statutory auditor's mandate expires on the date of the general meeting deliberating on the annual accounts closed on 31 March 2020. We have performed the statutory audit of the annual accounts of EFIC European Pain Federation for 7 consecutive years.

Report on the audit of the annual accounts – Unqualified opinion

We have audited the annual accounts of the organisation, which comprise the balance sheet as at 31 March 2018, the profit and loss account for the year then ended and the notes to the annual accounts, characterised by a balance sheet total of € 5.028.595,11 and a profit and loss account showing a profit for the year of € 45.693,52.

In our opinion, the annual accounts give a true and fair view of the organisation's net equity and financial position as at 31 March 2018, as well as of its results for the year then ended, in accordance with the financial reporting framework applicable in Belgium.

7.4 - AUDIT COMMITTEE REPORT

Dear Colleagues,

As Chair of the Audit Committee, it is my duty to provide the Council with a statement on the accounts for the last financial year; in this case, from 1 January 2017 until 31 March 2018. I can confirm that our statutory auditor, VGD, declare that the Federation's accounts give a true and fair view of the organisation's net equity and financial position, without qualification. I have discussed the accounts directly with the Treasurer and Executive Office and I am happy with the status of the 2017 accounts. On that basis I recommend the Council approve the accounts for the last financial year.

Laserina O'Connor
Chair, Audit Committee

7.5 - 2018 BUDGET

INCOME	
Item	Budget
EJP	176,000.00
Industry support*	340,000.00
Miscellaneous	
- Contributing members	3,500.00
- Examinations	12,000.00
Congress	0.00
Financial income	4,300.00
Pain Out*	282,200.00
Total income	818,000.00

*Some sources of income are committed entirely to specific projects, such as Pain Out. These figures will be presented separately in future accounts.

EXPENDITURE	
Item	2018 Budget
Office expenses	188,000.00
Databases and website	25,000.00
PR expenses	65,000.00
Service providers & consultants	200,940.00
Meeting expenses	92,500.00
EJP	101,000.00
Educational programs	466,133.00
Salaries	411,680.00
Depreciation	2,500.00
EXB expenses	38,400.00
Taxes	21,100.00
Financial costs	2,500.00
Total expenditure	1,614,753.00
Investment (property)	700,000.00

