EDPM Recommended reading list Version 1.2 15/01/2019

Recommended Review Papers: many of these papers are open access, for others you need personal or institutional access.

Section One: Foundations of Pain Medicine

1.1 Background

1.2 Fundamental Concepts

1.3 Terminology used in Pain Medicine

IASP Terminology

1.4 Neurobiology of Pain

Martucci KT, Mackey SC.

1.5 Research Methodology of Pain

1.6 Bio-psychosocial Aspects of Pain


1.7 Assessment of Pain

Assessment of Chronic Pain: Domains, Methods, and Mechanisms
1.8 Management of Pain


Section Two: Pain Medicine Roles in Practice

2.1 Clinician
2.2 Professional
2.3 Scholar
2.4 Communicator
2.5 Collaborator
2.6 Manager (and Leader)
2.7 Health Advocate

Section Three: Managing different Types of Pain

3.1 Acute Pain


3.2 Neuropathic and related Pain

Nat Rev Dis Primers. 2017 Feb 16;3:17002. Luana Colloca,1 Taylor Ludman,1 Didier Bouhassira,2 Ralf Baron,3 Anthony H. Dickenson,4 David Yarnitsky,5 Roy Freeman,6 Andrea Truini,7 Nadine Attal,8 Nanna B. Finnerup,9 Christopher Eccleston,10,11 Eija Kalso,12 David L. Bennett,13 Robert H. Dworkin,14 and Srini vasra N. Raja

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5371025/

Carpal tunnel syndrome BMJ. 2014 Nov 6;349:g6437. Middleton SD, Anakwe RE.

https://www.bmj.com/content/349/bmj.g6437.long

3.3 Pain related to cancer


https://www.ncbi.nlm.nih.gov/pubmed/29706482

3.4 Musculoskeletal Pain
3.5 Neck and Back Pain

Chronic low back pain: pharmacological, interventional and surgical strategies
https://www.nature.com/articles/nrneurol.2013.130

Low back pain and sciatica: summary of NICE guidance. BMJ. 2017 Jan 6;356:i6748
Bernstein IA, Malik Q, Carville S, Ward S
https://www.bmj.com/content/356/bmj.i6748.long


3.6 Fibromyalgia Syndrome and Chronic Widespread Pain

https://www.nature.com/articles/nrdp201522

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5741304/

3.7 Headache and Orofacial Pain


The pathophysiology of migraine: implications for clinical management


Diagnosis, pathophysiology, and management of cluster headache. Lancet Neurol. 2018 Jan;17(1):75-83 Hoffmann J, May A.
https://link.springer.com/article/10.1007%2Fs11916-017-0609-9


3.8 Visceral Pain


Recent advances in managing chronic prostatitis/chronic pelvic pain syndrome F1000Res. 2017 Sep 25;6. pii: F1000 Faculty Rev-1747. Sandhu J, Tu HYV
https://f1000research.com/articles/6-1747/v1

Olesen SS, Krauss T, Demir IE, Wilder-Smith OH, Ceyhan GO, Pasricha PJ, Drewes AM https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5741325/


3.9 Complex Regional Pain Syndromes, Type I and II

Birklein F, Dimova V https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5741324/

3.10 Pain in Hereditary Connective Tissue Disorders


Section Four: Special Patient Populations


4.1 Pain in Older Adults

4.2 Pain in Infants, Children and Adolescents


4.3 Pain and Problem Substance Use