

**European Pain Federation Klagenfurt Pain School**  
Medical Chamber of Carinthia, Division Pain and Palliative Care



**8<sup>th</sup> – 13<sup>th</sup> September 2019**  
**Parkvilla Wörth, Johannaweg 5, 9210 Pörtschach**  
**- Klagenfurt/Austria**

**Course Directors: Rudolf Likar, Klagenfurt / Reinhard Sittl, Erlangen**

**MAIN TOPICS:**

Acute Pain  
Cancer Pain  
Headache  
Low Back Pain  
Neuropathic Pain  
Psychological methods in chronic pain

**Faculty:**

R. Likar, R. Sittl, S. Schug

**Interactive lectures:**

R. Likar, R. Sittl, W. Amberger, Ch. Breschan, B. Disselhoff,  
P. Mattenklodt, A. Resch

**Guest Speakers:**

M. Ausserwinkler, S. Brill, Alexey + Andrey Danilov, G. Hariton, T. Jensen,  
A. Knezevic, A. Kopf, N. Krceviski-Skvarc, R. Lackner, P. Moore, S. Nica,  
M. Schäfer, S. Schug, M. Stanton-Hicks

**Registration Fee: € 900,-- (covers lunches, supporting material, access to the international paincourse on internet) Limited number of participants!**

Bank account:

**Austrian Anadi Bank AG**

**IBAN: AT98 5200 0000 0110 6066, BIC: HAABAT2K**

Conference Registration: Medical Chamber of Carinthia, Petra TILLER

[www.efic.org](http://www.efic.org), E-Mail: [fortbildung@aekktn.at](mailto:fortbildung@aekktn.at)

Participants from Russia without EFIC grant please contact the official partner of the School – Interdisciplinary Medicine Association Russian, Anastasiia Lipina,

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## European Pain Federation Klagenfurt Pain School



**8<sup>th</sup> – 13<sup>th</sup> September 2019**  
**Pörschach / Klagenfurt - Austria**

**Sunday, September 8<sup>th</sup> 2019**

19.00	Welcome Presentation of the EFIC – activities in education (T. Jensen))
20.00	Get together



**Monday, September 9<sup>th</sup> 2019**  
**Acute Pain**

- 9.00-9.45: Introduction
- 9.45-10.30: Basics in pathophysiology and treatment of acute pain I  
- interactive session (R. Likar / R. Sittl)
- 10.30-11.15: *Coffee Break*
- 11.15-12.00: Basics in pathophysiology and treatment of acute pain II  
- interactive session (R. Likar / R. Sittl)
- 12.00-13.30: Basics in non-opioids (S. Schug)
- 13.30-15.00: *Lunch Break*
- 15.00-16.30: *Optional Workshop: TENS – hands on practice*  
(B. Disselhoff)
- 16.30-18.00: Basics in opioids (R. Likar)
- 18.00-18.30: *Coffee Break*
- 18.30-19.00: Taking pain history in chronic patients (R. Sittl)
- 19.00-20.00: Diagnosis and treatment of CRPS I (M. Stanton-Hicks)



**Tuesday, September 10<sup>th</sup> 2019  
Cancer Pain**

- Principles of cancer pain treatment:**
- 9.00-10.30: Use of non-opioids, opioids and coanalgesics I  
- interactive session (R. Likar / R. Sittl)
- 10.30-11.00: *Coffee Break*
- 11.00-12.00: Use of non-opioids, opioids and coanalgesics II  
- interactive session  
- case studies (R. Sittl / R. Likar)
- 12.00-13.15: Invasive methods in the treatment of cancer pain (R. Likar)
- 13.15-13.45 Regional anaesthesia in children (Ch. Breschan)
- 13.45-15.30 *Lunch Break*
- LECTURES OF EUROPEAN PAIN FEDERATION  
REPRESENTATIVES AND INVITED SPEAKERS**
- 15.30-16.00: Visceral Pain (N. Krcevski-Skvarc)
- 16.00-16.30: Opioid-availability in different countries (A. Kopf)
- 16.30-17.00 *Coffee Break*
- 17.00-17.30: Rehabilitation of the lower extremity (A. Knezevic)
- 17.30-18.00: The role of cannabinoids in pain medicine (S. Brill)
- 18.00-18.45: Chronic Pain, Mindfulness and Neuroplasticity (G. Hariton)
- 20.00 Get together



**Wednesday, September 11<sup>th</sup> 2019**  
**Headache**

- 9.00-10.30: Art of headache management - diagnosis and treatment of migraine – communication (Alexey Danilov)
- 10.30-11.00: *Coffee Break*
- 11.00-12.00: Tension headache, cluster headache, symptoms and treatment (W. Amberger)
- 12.00-12.45: Trigeminal neuralgia (A. Resch)
- 12.45-13.00: *Coffee Break*
- 13.00-13.45: Pain from the patients perspective (P. Moore)
- 13.45-14.45: Myofacial disbalance in pain with the spine and extremities without organic pathology in real time diagnoses treatment and results “hands on” (R. Lackner)
- 14.45: *Lunch*

**At your free disposal**



**Thursday, September 12<sup>th</sup> 2019**  
**Neuropathic Pain**

- 9.00-9.45: Neuropathic pain (Andrey Danilov)
- 9.45-10.30: Pain and Disability (S. Nica)
- 10.30-11.00: *Coffee Break*
- 11.00-12.30: Treatment of neuropathic pain – interactive case discussion  
(R. Sittl / R. Likar)
- 12.30-16.00 *Lunch Break*
- 13.30 Optional: Visit Pain- and Palliative Clinic
- 16.00-17.30 Biopsychosocial pain model and psychological methods in  
chronic pain (P. Mattenklodt / R. Sittl)
- 17.30-18.00: *Coffee Break*
- 18.00-19.30: Low back pain – case study (R. Likar / R. Sittl)



**Friday, September 13<sup>th</sup> 2019**  
**Chronic non-cancer pain syndromes**

- 9.00-10.00: Opioids and addictions (M. Schäfer)
- 10.00-10.45: CWP – Chronic widespread pain  
Interactive case discussion (R. Likar / R. Sittl)
- 10.45-11.15: *Coffee Break*
- 11.15-12.00: Pain therapy in osteoarthritis (M. Ausserwinkler)
- 12.00-13.00: Test and closing remarks