

European Pain Federation Klagenfurt Pain School
Medical Chamber of Carinthia, Division Pain and Palliative Care



8th – 13th September 2019
Parkvilla Wörth, Johannaweg 5, 9210 Pörtschach
- Klagenfurt/Austria

Course Directors: Rudolf Likar, Klagenfurt / Reinhard Sittl, Erlangen

MAIN TOPICS:

Acute Pain
Cancer Pain
Headache
Low Back Pain
Neuropathic Pain
Psychological methods in chronic pain

Faculty:

R. Likar, R. Sittl

Interactive lectures:

R. Likar, R. Sittl, W. Amberger, Ch. Breschan, B. Disselhoff,
P. Mattenklodt, A. Resch

Guest Speakers:

M. Ausserwinkler, S. Brill, Alexey + Andrey Danilov, G. Hariton, T. Jensen,
A. Knezevic, A. Kopf, N. Krceviski-Skvarc, Th. Kretschmer, R. Lackner, P. Moore,
S. Nica, M. Schäfer, S. Schug, M. Stanton-Hicks, G. Varrassi

Registration Fee: € 900,-- (covers lunches, supporting material, access to the international paincourse on internet) Limited number of participants!

Bank account:

Austrian Anadi Bank AG

IBAN: AT98 5200 0000 0110 6066, BIC: HAABAT2K

Conference Registration: Medical Chamber of Carinthia, Petra TILLER

www.efic.org, E-Mail: fortbildung@aekktn.at

Participants from Russia without EFIC grant please contact the official partner of the School – Interdisciplinary Medicine Association Russian, Anastasiia Lipina,

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European Pain Federation Klagenfurt Pain School



8th – 13th September 2019
Pörschach / Klagenfurt - Austria

Sunday, September 8th 2019

19.00	Welcome Presentation of the EFIC – activities in education (T. Jensen))
20.00	Get together



Monday, September 9th 2019
Acute Pain

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| 9.00-9.45: | Introduction |
| 9.45-10.30: | Basics in pathophysiology and treatment of acute pain I
- interactive session (R. Likar / R. Sittl) |
| 10.30-11.15: | <i>Coffee Break</i> |
| 11.15-12.00: | Basics in pathophysiology and treatment of acute pain II
- interactive session (R. Likar / R. Sittl) |
| 12.00-13.30: | Basics in non-opioids (S. Schug) |
| 13.30-14.30: | <i>Lunch Break</i> |
| 14.30-15.00: | The role of cannabinoids in pain medicine (S. Brill) |
| 15.00-16.30: | <i>Optional Workshop: TENS – hands on practice</i>
(B. Disselhoff) |
| 16.30-18.00: | Basics in opioids (R. Likar) |
| 18.00-18.30: | <i>Coffee Break</i> |
| 18.30-19.00: | Taking pain history in chronic patients (R. Sittl) |
| 19.00-20.00: | Diagnosis and treatment of CRPS I (M. Stanton-Hicks) |



Tuesday, September 10th 2019
Cancer Pain

- Principles of cancer pain treatment:**
- 9.00-10.30: Use of non-opioids, opioids and coanalgesics I
 - interactive session (R. Likar / R. Sittl)
- 10.30-11.00: *Coffee Break*
- 11.00-12.00: Use of non-opioids, opioids and coanalgesics II
 - interactive session
 - case studies (R. Sittl / R. Likar)
- 12.00-13.15: Invasive methods in the treatment of cancer pain (R. Likar)
- 13.15-13.45 Regional anaesthesia in children (Ch. Breschan)
- 13.45-15.30 *Lunch Break*
- LECTURES OF EUROPEAN PAIN FEDERATION
 REPRESENTATIVES AND INVITED SPEAKERS**
- 15.30-16.00: Visceral Pain (N. Krcevski-Skvarc)
- 16.00-16.30: Opioid-availability in different countries (A. Kopf)
- 16.30-17.00 *Coffee Break*
- 17.00-17.30: Rehabilitation of the lower extremity (A. Knezevic)
- 17.30-18.15: Chronic Pain, Mindfulness and Neuroplasticity (G. Hariton)
- 20.00 Get together



Wednesday, September 11th 2019
Headache

- 9.00-10.30: Art of headache management - diagnosis and treatment of migraine – communication (Alexey Danilov)
- 10.30-11.00: *Coffee Break*
- 11.00-12.00: Tension headache, cluster headache, symptoms and treatment (W. Amberger)
- 12.00-12.45: Trigeminal neuralgia (Th. Kretschmer / A. Resch)
- 12.45-13.00: *Coffee Break*
- 13.00-13.45: Pain from the patients perspective (P. Moore)
- 13.45-14.45: Myofacial disbalance in pain with the spine and extremities without organic pathology in real time diagnoses treatment and results “hands on” (R. Lackner)
- 14.45: *Lunch*

At your free disposal



Thursday, September 12th 2019
Neuropathic Pain

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| 9.00-9.45: | Neuropathic pain (Andrey Danilov) |
| 9.45-10.30: | Pain and Disability (S. Nica) |
| 10.30-11.00: | <i>Coffee Break</i> |
| 11.00-12.30: | Treatment of neuropathic pain – interactive case discussion
(R. Sittl / R. Likar) |
| 12.30-16.00 | <i>Lunch Break</i> |
| 13.30 | Optional: Visit Pain- and Palliative Clinic |
| 16.00-17.30 | Biopsychosocial pain model and psychological methods in
chronic pain (P. Mattenklodt / R. Sittl) |
| 17.30-18.00: | <i>Coffee Break</i> |
| 18.00-19.00: | Low back pain – case study (R. Likar / R. Sittl) |
| 19.00-20.00: | Opioid Crisis (G. Varrassi) |



Friday, September 13th 2019
Chronic non-cancer pain syndromes

- 9.00-10.00: Opioids and addictions (M. Schäfer)
- 10.00-10.45: CWP – Chronic widespread pain
Interactive case discussion (R. Likar / R. Sittl)
- 10.45-11.15: *Coffee Break*
- 11.15-12.00: Pain therapy in osteoarthritis (M. Ausserwinkler)
- 12.00-13.00: Test and closing remarks