

European Pain Federation-EFIC School for Cancer Pain and Palliative Care



26th – 30th May 2019 in Maribor, Slovenia

*Supported by Medical Faculty of University Maribor, Institute for Palliative Medicine and Care,
University Medical Center Maribor, Slovenian Association for Pain Management and Slovenian
Association for Palliative Medicine and Hospic Care*

Faculty of Medicine of University Maribor, University Medical Center Maribor, Taborska 8,
Maribor 2000, Slovenia

Sunday, May 26: Day 1

12:00-24:00 **Welcome to Maribor**
Hotel City, Ulica Kneza Koclja 22, Maribor

Monday, May 27: Day 2

8:00-8:30 **Venue: Medical Faculty of University Maribor, Taborska 8, Classroom 1N26**
Registration

8:30-9:00 **School Opening and Introduction: Nevenka Krčevski Škvarč, Bart Morlion, the
President of EPF EFIC**

9:00-10:45 **Session 1. Basics of Cancer Pain**
Chair: *Gorazd Požlep, Stefan Wirz*

- The Pathophysiology of Pain in Cancer Patients (Bart Morlion, Leuven)
- The Epidemiology of Pain in Cancer Patients (Nevenka Krčevski Škvarč, Maribor)
- Assessment of Cancer Pain Generally and in Special Populations (Stefan Wirz, Bonn)

10:45-11:15 **Tea/Coffee Break**

11:15-13:30 **Session 2. The Fundamentals of Assessment and Treatment of Cancer Pain**

Chair: *Gorazd Požlep*

- Chronic Cancer Pain (Stefan Wirz, Bonn)
- Fundamentals of Pain Treatment in Cancer Patients and the Significance of WHO Ladder (Stefan Wirz, Bonn)
- Dealing with Cancer (Anja Simonič, Golnik)
- Anxiety and Depression in Cancer Patients (Marijana Braš, Zagreb)

13:30-15:00 **Lunch (Dining room University Medical Center)**

15:00-16:10 **Session 3. Oncologic Treatment of Cancer Pain**

Chair: *Gorazd Požlep*

- Oncological Treatment of Pain in Cancer Patients – the Role of Radiotherapy (Vaneja Velenik, Ljubljana)
- Oncological Treatment of Pain in Cancer Patients - the Role of Chemotherapy and Bisphosphonates (Maja Ravnik, Maribor)

16:10-16:30 **Break**

16:30-19:00 • **Neuropathic Pain Related to Cancer and Cancer Treatment (Thomas Tolle)**

- Rehabilitation of Cancer Patients (Brona Fullen, Dublin)
- Research on Cancer Pain (Elon Eisenberg, Bath)
- Chronic Pain in Cancer Survivors (Magdalena Kocot Kepska)
- Mechanism - Based Approach to Identifying the Origins and Contributing Factors to Pain in Cancer Patients: Bone Pain, Soft Tissue Pain, Visceral Pain (Silviu Brill, Tel Aviv)

20:00-22:00 **Mediterranean Dinner at Hotel City Terrace**

Tuesday, May 28 : Day 3

8:30-11:00 **Venue: Medical Faculty of University Maribor, Taborska 8, Classroom 2N16**
Survey 1

Session 4. Current Concepts of Cancer Pain Management 1

Chair: *Nevenka Krčevski Škvarč*

- Opioid Drugs Side Effects: How to Manage in Short and Long Term Treatment (Bart Morlion, Leuven)
- The use of opioids in patients with impaired renal or liver function (Bart Morlion, Leuven)
- Opioids and Addiction in the Cancer Patients (Silviu Brill, Tel Aviv)

11:00-11:30 **Tea/Coffee Break**

11:30-13:00 **Session 5. Current Concepts of Cancer Pain Management 2**

Chair: *Nevenka Krčevski Škvarč*

- Non-Opioids for Pain Treatment in Cancer Patients (NSARs and Adjuvants) (Andreas Kopf)
- Cannabinoids in the Treatment of Cancer Pain (Hans G Kress, Vienna)
- Intrathecal Drug Delivery in the Treatment of Cancer Pain (Hans G Kress, Vienna)

13:30-15:00 **Lunch (Dining room, University Medical Center Maribor)**

15:00-16:30 **Session 6. Palliative Care 1**

Chair: *Mateja Lopuh*

- Definition and Principles (Maja Ebert Moltara, Ljubljana)
- Models of Care (Mateja Lopuh, Jesenice)
- Who is Palliative Patient (Mateja Lopuh, Jesenice)

16.45 – 18.00 **Venue: University Medical Center Maribor, Department for Oncology, 1st floor**
Ward visit and Case studies with tutors (Andrej Žist, Vesna Zupanc Ribarič)

20.00 -22.00 **Barbeque Dinner at Hotel City Terrace**

Wednesday, May 29: Day 4

8:30-11:00

Venue: Medical Faculty of University Maribor, Taborska 8, Classroom 1N26

Survey 2

Session 7. Palliative Care 2

Chair: *Mateja Lopuh, Maja Ebert Moltara*

- Symptom Control (Maja Ebert Moltara, Ljubljana)
- Emergencies in Cancer Pain Management (Mateja Lopuh, Jesenice)
- Care at the End of Life (Mateja Lopuh, Jesenice)
- Communication (Jernej Benedik, Ljubljana)

11:00-11:30

Tea/Coffee Break

11:30-13:00

Session 8. Current Concepts of Cancer Pain Management 3

Chair: *Nevenka Krčevski Škvarč*

- Initial Assessment and Ethical Considerations for Invasive Pain Interventions Indications for Cordotomy (Kate Marley, Liverpool)
- Opioid Hyperalgesia (Nevenka Krčevski Škvarč, Maribor)

13:00-14:30

Lunch (Dining room University Medical Center)

14:30-17:00

Session 9. Workshops

Chair: *Mateja Lopuh and Maja Ebert Moltara*

Venue: Medical Faculty of University Maribor, Taborska 8, Classroom 1N26

- Workshop 1: Subcutaneous Continuous Infusions (Mateja Lopuh)
- Workshop 2: Communication (Maja Ebert Moltara, Jernej Benedik)

17:00-18.:00

**Maribor Sightseeing with City Train Jurček
Free Evening**

Thursday, May 30: Day 5

8:30-9:30

Venue: Medical Faculty of University Maribor, Taborska 8, Classroom 1N26

Survey 3

Special topics 1

Chair: *Majda Šarman*

- Physical Therapy for Cancer Patient (Breda Papež Jesenšek, Maribor)
- Interview with Cancer Survivor (Nevenka Krčevski Škvarč)

9.30 – 10.30

Workshop 3

- How to Recognize Neuropathic Pain
Martin Rakuša

10:30-11:00

Tea/Coffee Break

11:00-12:30

Special topics 2

Chair: *Majda Šarman*

- The Management of Breakthrough Pain (Rudolf Likar, Klagenfurt)
- The Use of Opioids in Cancer Patients with Regard to Application Route (Rudolf Likar, Klagenfurt)
- Invasive Cancer Pain Treatment - When is Indicated Neurolytic Block? (Rudolf Likar, Klagenfurt)

12:30 – 13.30

Questionnaire and Analysis of Questionnaires, Certifications and Farewell