

EUROPEAN PAIN FEDERATION EFIC® WINTER CANCER PAIN SCHOOL, LIVERPOOL



6th to 9th October 2020

RCoA CPD Matrix: 2E03 & 3E00



Supported by The Pain Relief Foundation, The Walton Centre, and Woodlands Hospice, Liverpool.



Liverpool Waterfront



**Pain Relief
Foundation**

The Walton Centre 
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European Pain Federation EFIC® - Winter Cancer Pain School, Liverpool



Organised by The Pain Relief Foundation, The Walton Centre NHS Foundation Trust and Woodlands Hospice, Liverpool, UK

6th to 9th October 2020

Maximum number of candidates: 25

Venue: Radisson Blu Hotel, Liverpool <https://www.radissonblu.com/en/hotel-liverpool>

107 Old Hall St, Liverpool, Merseyside, UK, L3 9BD

T: - 0044(0) 151 966 1500

Course Fee: £450 until 8th August 2020: then £525 (Includes lunch and dinner)

Course Learning Objectives:

This course aims to develop skills of assessing and treating pain related to cancer and its treatment. This interactive course develops an evidence-based approach to assessment, and formulating diagnosis and designing a comprehensive management plan including pain management. The emphasis is on a multidisciplinary approach to managing pain related to cancer. Learning objectives of this course are in line with EFIC Core Curriculum for managing pain related to cancer as below.

- Identify sociocultural influences on the experience of cancer and cancer-related pain.
- Be able to compare and contrast the assessment and management of persons with cancer related pain and those with chronic non-cancer pain.
- Recognise the problems faced by cancer survivors who have persistent pain and management principles.
- Discuss the meaning and significance of the World Health Organisation analgesic algorithm for pain in cancer.
- Show awareness of and addressing unpleasant end-of-life symptoms including but not limited to, pain, nausea/vomiting, respiratory distress and itch.
- Recognise the essential role of close liaison with other teams, specifically from oncology, radiation oncology, neurosurgery, anaesthesia and palliative medicine.
- Define and distinguish between incident and incompletely relieved persistent pain.
- Discuss the role of cancer therapies in the management of cancer-related pain, including but not limited to: Radiotherapy, Radiopharmaceuticals, Chemotherapy, Immune therapy and Surgery.
- Discuss the use of other adjuvant analgesics in cancer pain including but not limited to: bisphosphonates, corticosteroids and ketamine.
- Role of various interventional pain relieving techniques including neuromodulation and neuroablation

There will be ample opportunity to interact with course faculty throughout the course.



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Who Should Attend?

Trainees from Anaesthetic, Neurosurgery, Pain and Palliative Medicine. Consultants/Specialists in Pain Medicine, Palliative Medicine, GPs, Advanced Nurse Practitioners, and Senior Physiotherapists with a specialist interest in the management of chronic pain. Scientists, Pharmacists and other non-medical personnel with a professional interest in relation to management of pain related to cancer.

Royal College of Anaesthetist's CPD approval (20 points) & Revalidation Matrix category:

2E03 Basic assessment and management of chronic pain

3E00 "Specialist interest area in Cancer Pain"

Course Material:

The Course Handbook will be available on the PRF Webpage with the lecture slides and carefully selected references (Available during the course and for 4 weeks after the course, to participants using a secure link via drop box).

Contact Details: Mrs Brenda Hall, The Pain Relief Foundation

Clinical Sciences Centre, University Hospital Aintree, Lower Lane, Liverpool, UK, L9 7AL

T: - 0044(0)151 529 5822, email: - b.hall@painrelieffoundation.org.uk

Website <http://www.painrelieffoundation.org.uk>

EUROPEAN PAIN FEDERATION EFIC®

EFIC® was founded in 1993 and meanwhile represents 36 national pain societies in Europe that have been chartered by the International Association for the Study of Pain (IASP®).

Aims: In general EFIC® is organised to promote multidisciplinary research, education and management of pain. The specific aim is to create a forum for European collaboration on pain issues and to encourage communication at a European level between EFIC® member societies and also with other bodies interested and involved in the fields of pain research and pain therapy, such as European, regional or national societies or federations of medical specialities (anaesthesiology, neurology, headache, palliative care, etc.), institutions of the European Community, European and national educators, legislators and health care providers.

Constitution: The affairs of EFIC® are conducted by its Council, which consists of the President or the councillor of each EFIC® member pain society and 5 elected officers who form the Executive Board of EFIC®. The Council meets at least once a year, while the Executive Board manages affairs between Council meetings. EFIC® is being established as a charitable foundation in Belgium.



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BRIEF HISTORY OF LOCAL PAIN SERVICE

The Pain Clinic at The Walton Centre NHS Foundation Trust (<http://www.thewaltoncentre.nhs.uk/99/pain-medicine.html>) is one of the largest in the UK. The clinic's founder and director for 30 years, was the late Dr Sam Lipton, who pioneered many pain relieving techniques.

The Pain Research Institute set up in 1986 by Sam Lipton to work alongside the Walton Pain Clinic. The key academic staffs are Senior Lecturer Dr Andreas Goebel. The Pain Relief Foundation (<http://www.painreliefoundation.org.uk>) financially supports the Research Institute.

The Walton Centre (<https://www.thewaltoncentre.nhs.uk/>) is a Neurological Hospital with a regional multidisciplinary pain unit. Drs Manohar Sharma and Kate Marley now lead cancer related pain service. The Walton Pain Clinic was set up in the 1960s and currently has eleven consultants, including pain physicians, neurosurgeons and psychologists, providing a service for the Northwest of England, but also accepting national referrals for complex pain treatments. Pain service has strong collaboration with palliative medicine, spinal surgery, neurology, urology and gynaecology delivering many specialised pain relieving treatments and multicentre research trials.

Woodlands Hospice Charitable Trust opened in 1993 (<http://www.woodlandshospice.org>). It provides specialist palliative care for inpatients and outpatients. Its first medical director, Dr Ged Corcoran, established a joint pain/palliative care service with Dr Tim Nash, consultant pain physician at The Walton Centre.

SPONSORS

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Tuesday 6th October

- 08:30-09:30** Registration, Tea/Coffee, Radisson Blu Hotel, Liverpool
- 09:30-09:35** Course Opening and Introduction: Dr Manohar Sharma & Prof Bart Morlion
- 09:35-11:00** **SESSION 1** Understanding Cancer related pain, Chair: Prof Bart Morlion and Prof Andreas Kopf
- 09:35-09:55** Hospice & Pain Medicine: the importance of collaboration - (*Dr Kate Marley, Liverpool*)
- 09:55-10:20** Epidemiology of pain related to cancer - (*Prof Mike Bennett, Leeds*)
- 10:20-10:45** Pathophysiology of pain related to cancer - (*Prof Bart Morlion, Belgium*)
- 10:45-11:00** Discussion
- 11:00-11:30** Tea Break
- 11:30-13:00** **SESSION 2** Understanding pain and management options, Chair: Dr Silviu Brill and Prof Mike Bennett
- 11:30-12:00** Cancer related pain classification and management standards; ICD-11 and EFIC - (*Dr Andreas Kopf, Germany*)
- 12:00-12:30** Assessment of pain related to cancer - (*Prof Nevenka Krcevski-Skvarc, Maribor, Slovenia*)
- 12:20-12:45** Opioids - opportunities and pitfalls - (*Prof Bart Morlion, Belgium*)
- 12:45-13:00** Discussion
- 13:00-14:00** Lunch
- 14:00-15:30** **SESSION 3** Pharmacological Management of Cancer Pain, Chair: Dr Kate Marley and Dr Manohar Sharma
- 14:00-14:30** Non-opioid pharmacological management of cancer pain including Ketamine (*Dr Andreas Kopf, Germany*)
- 14:30-15:00** The role of WHO Ladder after 30 years – (*Prof Mike Bennett, Leeds*)
- 15:00-15:30** Cannabinoid and cancer pain – (*Dr Silviu Brill, Israel*)
- 15:30-15:50** Discussion
- 15:50-16:15** Tea Break
- 16:15-17:00** **SESSION 4** Current Concepts in Cancer Pain, Chair: Prof Nevenka Krcevski-Skvarc, Maribor, Slovenia
- 16:15-16:45** Oncological treatments for cancer related pain- (*Dr Chennamai Eswar, Liverpool*)
- 16:45-17:00** Discussion
- 18:30-21:30** **Evening Dinner at Radisson Blu Hotel, Liverpool**
- 18:30-19:00** Evening drinks- optional – pay bar available
- 19:00-19.30** "EFIC Pain Curriculum and Training in Cancer Pain Management": Dr Andreas Kopf
- 19:30-21:30** Dinner

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Wednesday 7th October

Venue: Woodlands Hospice (AM) and Clinical Sciences Centre (PM) University Hospital Aintree, Liverpool **(Meet in Radisson Blu Hotel Foyer, Bus Leaves at 7:45am)**

08:30-09:00 Tea/Coffee Woodlands Hospice, Liverpool

09:00-11:00 **SESSION 5** Pain Management in Hospice Setting, Chair: Drs Julie Raj & Dr Kate Marley

09:00-10:00 Symptom control in hospice/community setting - *(Dr Julie Raj/Dr Kate Marley, Liverpool)*

10:00-10:30 Non-pharmacological Management of Symptoms in Hospice setting – Physiotherapist Perspective – *(Kate McIntegart, Liverpool)*

10:30-11:00 Discussion

11:00-11:30 Tea Break

11:30-13:00 **SESSION 6** Pain Management in Hospice Setting- Chairs Prof Bart Morlion and Dr Matthew Brown

Grand Round with live case presentations - *(Dr Kate Marley & Dr Manohar Sharma, Liverpool)*

13:00-14:00 Lunch at Clinical Sciences Centre, Liverpool

14:00-16:45 **SESSION 7** Pain Management in cancer survivors: live case studies, Chair: Dr Manohar Sharma, Dr Manish Gupta and Dr Matthew Brown

2 cancer survivors (live case presentation by TBC, Liverpool)

15:45-16:00 Discussion

16:00- 16.15 Tea Break

16.15- 16.45 Pain management in cancer survivors - *(Dr Matt Brown, London)*

16:55- 17:00 Coach will leave foyer of CSC for Liverpool Football Club

17:15-21:30 **Liverpool Football Club tour and Evening Dinner**

Chair: Dr Julie Raj, Liverpool



17:45-19:15 Tour of football Club/ drinks – pay bar available

19:15-20:30 Dinner

20:30-21:30 Topic: TBC *(Prof Bart Morlion, Belgium)*

21:45 Coach back to Radisson Blu Hotel, Liverpool

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Thursday 8th October

08:30-09:00 Tea/Coffee, Radisson Blu Hotel, Liverpool

09:00-10:45 **SESSION 8** Interventions for Pain related to Cancer, Chair: Dr Kate Marley & Dr Mahesh Chaudhari

09:00-09:25 Role of sympathetic blocks - *(Dr Arun Bhaskar, London)*

09:25-09:50 Cancer survivors and spinal cord stimulation - *(Dr Sheila Black, Leeds)*

09:50-10:15 M.R.I. guided focused ultrasound for cancer pain - *(Dr Matthew Brown, London)*

10:15-10:45 Discussion

10:45-11:15 Tea Break

11:15-13:00 **SESSION 9** Interventions for Pain related to Cancer, Chair: Dr Manish Gupta & Dr Arun Bhaskar

11:15-11:40 Epidural infusion for pain related to cancer - *(Dr Mahesh Chaudhari, Worcestershire)*

11:40-12:05 Spinal neurolysis - *(Dr Mahesh Chaudhari, Worcestershire)*

12:05-12:30 Percutaneous cordotomy - *(Dr Manohar Sharma, Liverpool)*

12:30-13:00 Discussion

13:00-14:00 Lunch

14:00-15:30 **SESSION 10** Surgery for Cancer Pain, Chair: Dr Kate Grady

14:00-14:30 Neurosurgical treatments for pain related to cancer - *(Ms Deepti Bhargava, Liverpool)*

14:30-15:00 Spinal surgical management of cancer pain - *(Mr Narendra Kumar Rath, Liverpool)*

15:00-15:30 Discussion

15:30-16:00 Tea Break

16:00-17:30 **SESSION 11** intrathecal implants for Pain related to Cancer, Chair: Dr Manohar Sharma

16:00-16:45 Indications, patient selection, implantation and aftercare for Intrathecal Pumps in Pain related to Cancer - *(Mr Jibril Farah & Mrs Alison Cox, Liverpool)*

16:45-17:15 Setting up intrathecal pump service: Challenges and opportunities – *(Dr Anu Kansal, Middlesbrough)*

17:15-17:30 Discussion

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Friday 9th October

08:30-09:00 Tea/Coffee, Radisson Blu Hotel, Liverpool

09:00-10:45 **SESSION 12** Therapeutic Challenges- Interactive Case Presentations, Chair:
Dr Manohar Sharma and Dr Kate Marley

09:00-09:25 Incident pain (Pathological fracture related pain) - (Dr Manish Gupta, Liverpool)

09:25-09:50 Visceral pain (Pancreatic cancer) - (Dr Arun Bhaskar, London)

09:50-10:15 Cancer related chest wall pain - (Dr John Titterington, Leeds)

10:15-10:40 Opioid dependence in cancer survivor- (Dr Bernhard Frank, Liverpool)

10:40-10:50 Closing Comments from Chairs

10:50-11:15 Tea Break

11:15-13:00 **SESSION 13** Therapeutic Challenges- Interactive Case Presentations, Chairs:
Dr Manish Gupta, Dr Manohar Sharma, Dr Mahesh Chaudhari and Dr
Kate Marley

Group work: (Groups split in to 3 and case history on pain related to cancer and formulation of management plan with progression of cancer and pain including terminal care in hospice setting)

12:45-13:00 Closing Comments from Chairs

13:00-14:00 Lunch

14:00-15:30 **SESSION 14** Cancer Pain Service developments, Chair: Dr Manish Gupta and Dr
Kate Marley

14:00-14:30 Difficulties with service development in developing nations- how can they be
overcome? - (Prof Nevenka Krcevska-Skvarc, Maribor, Slovenia)

14:30-15:00 Optimising cancer pain control and the way forward: (Dr Manohar Sharma,
Liverpool)

15:00-15:30 Discussion

15:30-16:00 Tea, Course feedback and Close



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COURSE FACULTY

Prof **Mike Bennett**, St Gemma's Professor of Palliative Medicine and Head of the Academic Unit of Palliative Care, at University of Leeds

Ms **Deepti Bhargava**, Consultant Neurosurgeon, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **Arun Bhaskar**, Consultant in Pain Medicine, Anaesthesia and Critical Care, Charing Cross Hospital, Imperial College NHS Trust

Dr **Sheila Black**, Consultant Pain Management & Anaesthesia, St James' University Hospital NHS Trust, Leeds

Dr **Silviu Brill**, Specialist in Anaesthesiology and Pain Management, Director of the Institute for Pain Medicine, Tel Aviv Medical Center, Israel

Dr **Matthew Brown**, Consultant in pain medicine at the Royal Marsden Hospital, and Honorary Associate Faculty of the Institute of Cancer Research

Dr **Mahesh Chaudhari**, Consultant in Pain Medicine, Worcestershire Acute Hospitals Trust, Worcester

Dr **Rajiv Chawla**, Consultant in Pain Medicine & Neuromodulation, The Walton Centre NHS Foundation Trust, Liverpool, UK

Ms **Alison Cox**, Clinical Nurse Specialist, Pain & Neuromodulation, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **Chinnamani Eswar**, Clinical Oncology Consultant, Clatterbridge Centre for Oncology, Liverpool, UK

Mr **Jibril Osman-Farah**, Consultant Neurosurgeon, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **Bernhard Frank**, Consultant in Pain Medicine, The Walton Centre NHS Foundation Trust and Honorary Senior Clinical Lecturer, University of Liverpool.

Dr **Kate Grady**, Consultant in Pain Medicine & Anaesthesia, University Hospital of South Manchester NHS Foundation Trust, Manchester, UK

Dr **Manish Gupta**, Consultant in Pain Medicine, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **Anu Kansal**, Consultant in Anaesthesia & Pain Management, Tynside Surgical Services, Middlesbrough

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Prof **Andreas Kopf**, Dr. med. Andreas Kopf, EDPM, Pain and Palliative Care Centre, Dept. of Anaesthesiology, Charité Medical University Berlin.

Dr **Kate Marley**, Consultant in Palliative Medicine, University Hospital Aintree, Liverpool, UK

Ms **Kate McIntegart**, Specialist Physiotherapist, Head of Therapy Services, The Woodlands Hospice, University Hospital Aintree, Liverpool, UK

Professor **Bart Morlion**, Director of the Leuven Centre for Algology & Pain Management, University Hospitals Leuven, Belgium

Dr **Julie Raj**, Consultant in Palliative Medicine, University Hospital Aintree, Liverpool, UK

Mr **Narendra Kumar Rath**, Consultant Neurosurgeon, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **John Titterington**, Pain Consultant, Leeds Teaching Hospitals, Leeds

Dr **Manohar Sharma**, Consultant in Pain Medicine, The Walton Centre NHS Foundation Trust, Liverpool, UK

Assistant Professor **Nevenka Krcevski-Skvarc**, specialist in Anaesthesiology with additional knowledge in Pain Medicine and Palliative Care, Department of Anaesthesiology, Intensive Care and Pain Treatment, University Medical Centre Maribor, Slovenia.

COURSE ORGANISERS

Dr Manohar Sharma

Dr Kate Marley

Prof Bart Morlion

Ms Deepti Bhargava

ORGANISING COMMITTEE

Dr Rajiv Chawla

Dr Manish Gupta

Dr Julie Raj

Mrs Julie Williams

Mrs Loraine Roberts

PAIN RELIEF FOUNDATION STAFF

Mrs **Julie Williams**, Administrator, Pain Relief Foundation, Liverpool

Mrs **Loraine Roberts**, Administrative Assistant, Pain Relief Foundation, Liverpool

Mrs **Brenda Hall**, Administrative Assistant, Pain Relief Foundation, Liverpool

Ms **Jo Stephens**, Fundraiser, Pain Relief Foundation, Liverpool



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