

Pain Medicine educational session Topical lecture	Physiotherapy educational session Interprofessional learning session	Psychology educational session Break	Nursing educational session
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Friday, 6 November 2020					
08:20	08:50	<p>Neuroplasticity and pain: Understanding the neurobiology to help our patients in pain</p> <p>Chair: Elon Eisenberg, Israel Kirsty Bannister, United Kingdom Q&A</p>			
08:50	09:20	<p>Diabetes and pain: An update</p> <p>Chair: Magdalena Kocot-Kępska, Poland Solomon Tesfaye, United Kingdom Q&A</p>			
09:20	09:30	Break			
09:30	10:30	<p>Neurobiology of pain & strategies to modulate at various levels from MDT perspective</p> <p>Chair: Andreas Kopf, Germany</p> <p>Basic science perspective Thomas Graven-Nielsen, Denmark</p> <p>Physio perspective Anneleen Maffliet, Belgium Q&A</p>			
10:30	11:15	Break			
11:15	12:15	<p>Neuropathic pain</p> <p>Chair: Thomas Tölle, Germany</p> <p>Assessment of neuropathic pain Julia Forstenpointer, Germany</p> <p>Phenotyping: Ready to implement in clinical practice? Thomas Tölle, Germany</p> <p>Update on the pharmacotherapy of neuropathic pain Nanna Brix Finerup, Denmark</p> <p>Results of the OPTION DM trial Solomon Tesfaye, United Kingdom Q&A</p>	<p>Pain science and knowledge</p> <p>Chair: Catherine Doody, Ireland</p> <p>Mechanisms of (musculoskeletal) pain / pain physiology introduction Catherine Doody, Ireland</p> <p>Pain physiology explained Morten Høgh, Denmark</p> <p>Pain physiology / sensitisation mechanisms Morten Høgh, Denmark</p> <p>Descending modulation Morten Høgh, Denmark Q&A</p>	<p>Clinical psychology: Nociceptive aspects</p> <p>Chair: Johan Vlaeyen, Belgium</p> <p>Neurophysiology and psychobiology of acute and chronic pain Katja Wiech, United Kingdom Q&A</p>	<p>Nursing assessment and measurement of pain</p> <p>Chair: Susan Broekmans, Belgium</p> <p>Comprehensive pain assessment Susan Broekmans, Belgium</p> <p>Culturally sensitive pain assessments Petra Mandysová, Czech Republic</p> <p>Vulnerable groups: Critical care Nadja Nestler, Austria Q&A</p>
12:15	12:30	Break			
12:30	13:30	<p>Cancer-related pain</p> <p>Chair: Michael Bennett, United Kingdom</p> <p>New directions in cancer-related pain care Michael Bennett, United Kingdom</p> <p>Pain in cancer survivors Sam H Ahmedzal, United Kingdom</p> <p>Role of interventional pain management in cancer-related pain Manohar Sharma, United Kingdom</p> <p>Palliative care during COVID-19 Nevenka Krceviski Skvarc, Slovenia Q&A</p>	<p>Complex and multidimensional nature of pain</p> <p>Chair: Harriet Wittink, Netherlands</p> <p>Introduction Harriet Wittink, Netherlands</p> <p>Psychosocial factors in low back pain, letting go of our misconceptions can help management Mary O'Keefe, Ireland</p> <p>Multidimensional factors in pain Peter O'Sullivan, Australia</p> <p>Complexity of pain from an interprofessional collaboration point of view and when physios should refer Ulrike Kaiser, Germany Q&A</p>	<p>Neuropsychological factors in chronic pain</p> <p>Geert Crombez, Belgium</p> <p>Neurophysiology and psychobiology of acute and chronic pain Anthony Jones, United Kingdom Q&A</p>	<p>Complex pain management and co-morbidities</p> <p>Chair: Rianne Van Boekel, Netherlands</p> <p>Managing pain and co-morbidities Rianne Van Boekel, Netherlands</p> <p>Assessing health literacy and promoting self-management Nadja Nestler, Austria</p> <p>Complex case study: Patient with neuromodulation Inge Arnts, Netherlands Q&A</p>
13:30	14:15	Exhibition and Lunch Break			
14:15	15:15	<p>Chronic widespread pain</p> <p>Chair: Winfried Häuser, Germany</p> <p>Chronic primary pain, nociceptive pain, functional pain; where do we stand? Claudia Sommer, Germany</p> <p>Chronic widespread pain; assessment and differential diagnosis Serge Perrot, France</p> <p>Fibromyalgia: State of the art management Mary-Ann Fitzcharles, Canada</p> <p>Pharmacotherapy for fibromyalgia? Winfried Häuser, Germany Q&A</p>	<p>Assessment</p> <p>Chair: Morten Høgh, Denmark</p> <p>Introduction Morten Høgh, Denmark</p> <p>PROMS and PROMIS Caroline Terwee, Netherlands</p> <p>Risk stratification Jonathan Hill, United Kingdom</p> <p>Physical activity Albère Kōke, Netherlands Q&A</p>	<p>Assessment of social and cultural aspects of pain</p> <p>Chair: Elia Valentini, United Kingdom</p> <p>Measurement and assessment Whitney Scott, Belgium Q&A</p>	<p>Substance dependence and tolerance in managing pain</p> <p>Chair: Felicia Cox, United Kingdom</p> <p>Ethical issues in managing substance-related pain Georgina Morley, United States</p> <p>Acute pain management in opioid tolerant patients Susan Broekmans, Belgium</p> <p>Substance dependence and managing pain Felicia Cox, United Kingdom Q&A</p>
15:15	15:30	Break			
15:30	16:30	<p>Opioids in chronic non-cancer pain</p> <p>Chair: Kevin Wovles, United Kingdom</p> <p>New European clinical practice guidelines Winfried Häuser, Germany</p> <p>New European Clinical practice guidelines: Part II Kevin Wovles, United Kingdom</p> <p>Management of side effects of opioids Nevenka Krceviski Skvarc, Slovenia</p> <p>The perspective of addiction medicine Geert Dom, Belgium Q&A</p>	<p>Measurement</p> <p>Chair: Harriet Wittink, Netherlands</p> <p>Introduction Harriet Wittink, Netherlands,</p> <p>QST Catherine Doody, Ireland</p> <p>Biopsychosocial assessment in the clinic Catherine Doody, Ireland</p> <p>Conditioned pain modulatory Morten Høgh, Denmark Q&A</p>	<p>Assessment: Spotlight on sub-groups</p> <p>Chair: Emelien Lauwerier, Belgium</p> <p>Assessment Edmund Keogh, United Kingdom Q&A</p>	<p>Clinical updates: Cancer & cancer survivors</p> <p>Chair: Martin Galligan, United Kingdom</p> <p>Nature of cancer-related pain Martin Galligan, United Kingdom</p> <p>Principles of cancer-related pain management Martin Galligan, United Kingdom & Suzanne Chapman, United Kingdom</p> <p>Managing pain in cancer survivors Suzanne Chapman, United Kingdom Q&A</p>
16:30	17:15	Break			
17:15	17:45	<p>Neurophysiological exploration of chronic pain - Peripheral assessment</p> <p>Chair: Luis Garcia-Larrea, France</p> <p>The physical exam of the pain patient Daniel Ciampi de Andrade, Brasil</p> <p>Neurophysiological approach to peripheral pain Andrea Truini, Italy Q&A</p>			

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Saturday, 7 November 2020			
08:20	08:50	<p>Neurophysiological exploration of chronic pain - Central assessment</p> <p>Chair: Andreas Kopf, Germany</p> <p>Neurophysiological approach to central pain Luis Garcia-Larrea, France</p> <p>Functional imaging and central pain Roland Peyron, France</p> <p>Q&A</p>	
08:50	09:20	<p>Overview and new directions in the pharmacotherapy of pain</p> <p>Chair: Patrice Forget, United Kingdom</p> <p>Bart Morlion, Belgium</p> <p>Q&A</p>	
09:20	09:30	Break	
09:30	10:30	<p>Communicating with the person in pain</p> <p>Chair: Mary O'Keefe, Ireland</p> <p>In conversation with Chris Main - How to make psychology more approachable to the patient and public Chris Main, United Kingdom</p> <p>Considering pain health literacy in the clinic Brona Fullen, Ireland</p> <p>Delivering pain education to the person with osteoarthritis Tasha Stanton, Australia</p> <p>Q&A</p>	
10:30	11:15	Break	
11:15	12:15	<p>Evidence based acute pain management</p> <p>Chair: Winfried Meissner, Germany</p> <p>Pain assessment Winfried Meissner, Germany</p> <p>Management of postoperative pain Esther Pogatzki-Zahn, Germany</p> <p>ERAS: Where do we stand now? Olle Ljungqvist, Sweden</p> <p>Q&A</p>	<p>Treatment, communication, education</p> <p>Chair: Brona Fullen, Ireland</p> <p>Introduction Brona Fullen, Ireland</p> <p>Patient education Jo Nijs, Belgium</p> <p>Motivational interviewing in relation to patient education Jo Nijs, Belgium</p> <p>Goal setting / Behavioural change Stefan Elbers, The Netherlands</p> <p>Q&A</p>
11:15	12:15	<p>Psychological and social common assessment</p> <p>Chair: Monika Hasenbring, Germany</p> <p>Assessment Jonathan Hill, United Kingdom</p> <p>Q&A</p>	<p>Clinical updates: Children and young people & intellectual disabilities</p> <p>Chair: Owen Doody, Ireland</p> <p>Principles of pain assessment in infants, children and young people Mats Eriksson, Sweden</p> <p>Managing pain in infants, children and adolescents Mats Eriksson, Sweden</p> <p>Assessing and managing pain in those with intellectual disabilities Owen Doody, Ireland & Maria Bailey, Ireland</p> <p>Q&A</p>
12:15	12:30	Break	
12:30	13:30	<p>Pharmacotherapy of chronic pain</p> <p>Chair: Roger Knaggs, United Kingdom</p> <p>EBM and effect sizes: Be realistic! Dominic Aldington, United Kingdom</p> <p>Drugs: The weird and wonderful Roger Knaggs, United Kingdom</p> <p>Biologicals in chronic pain management David Walsh, United Kingdom</p> <p>Topical analgesic pharmacotherapy Bart Morlion, Belgium</p> <p>Q&A</p>	<p>Principles of treatment 1</p> <p>Chair: Morten Høgh, Denmark</p> <p>Introduction Morten Høgh, Denmark</p> <p>Myths about back pain Peter O'Sullivan, Australia</p> <p>Making sense of back pain Peter O'Sullivan, Australia</p> <p>Physical activity and exercise for chronic pain in adults Rob Smeets, Netherlands</p> <p>Q&A</p>
12:30	13:30	<p>Psychological interventions: Behaviour change</p> <p>Chair: Tamar Pincus, United Kingdom</p> <p>Psychological interventions Emelien Lauwerier, Belgium</p> <p>Q&A</p>	<p>Clinical updates: Older people</p> <p>Chair: Irmela Gnass, Germany</p> <p>Principles of pain assessment in older people including those with cognitive impairment Irmela Gnass, Germany</p> <p>Managing pain in older people: Pharmacological issues Patricia Schofield, United Kingdom</p> <p>Managing pain in older people: Non-pharmacological approaches Juanita Cheuk-Alam-Balrak, Netherlands</p> <p>Q&A</p>
13:30	14:15	Exhibition and Lunch Break	
14:15	15:15	<p>Chronic visceral pain</p> <p>Chair: Asbjørn Mohr Drewes, Denmark</p> <p>Basic concepts of visceral pain Asbjørn Mohr Drewes, Denmark</p> <p>Chronic primary (functional) abdominal pain Tim Vanuytsel, Belgium</p> <p>Management of pain secondary to visceral diseases Asbjørn Mohr Drewes, Denmark</p> <p>Is there a role for interventions in chronic visceral pain? Monique Steegers, Netherlands</p> <p>Q&A</p>	<p>Principles of treatment 2</p> <p>Chair: Catherine Blake, Ireland</p> <p>Introduction Catherine Blake, Ireland</p> <p>Mirror therapy/ Virtual rehabilitation Andreas Rothgangel, Netherlands</p> <p>Electromagnetic therapy in the rehabilitation process Teresa Paolucci, Italy</p> <p>Nocebo and placebo Fabrizio Benedetti, Italy</p> <p>Q&A</p>
14:15	15:15	<p>Psychological interventions: Workplace interventions</p> <p>Chair: Edmund Keogh, United Kingdom</p> <p>Psychological interventions Chris Main, United Kingdom</p> <p>Q&A</p>	<p>Evidence based pain nursing</p> <p>Chair: Emma Briggs, United Kingdom</p> <p>Appraising and using pain-related evidence Emma Briggs, United Kingdom</p> <p>Collecting and generating pain-related data (research and audit) Jacqueline van Dijk, Netherlands</p> <p>Strategies for improving practice Martin Galligan, United Kingdom</p> <p>Q&A</p>
15:15	15:30	Break	
15:30	16:30	<p>Interprofessional working: Who does what, barriers & facilitators to IP working, road map for IP working</p> <p>Chair: Harm Peters, Germany</p> <p>Interprofessional working in pain management Emma Briggs, United Kingdom</p> <p>Shared decision making and learning in an interprofessional context Brian McGuire, Ireland</p> <p>Building an interprofessional team Paul Wilkinson, United Kingdom</p> <p>Q&A</p>	
16:30	17:15	Break	
17:15	17:45	<p>The role of cannabinoid-based medicines in pain management</p> <p>Chair: Silviu Brill, Israel</p> <p>Winfried Häuser, Germany</p> <p>Q&A</p>	

10:30-12:00	10:30-12:00
EDPM Exam Guidance, Mock Content Demo and Q&A	EDPP Exam Guidance, Mock Content Demo and Q&A

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Sunday, 8 November 2020

08:50	09:20	<p>Appropriate referral and selection of patients with chronic pain for neuromodulation</p> <p>Chair: Nevenka Krceviski Skvarc, Slovenia</p> <p>Frank Huygen, Netherlands</p> <p>Q&A</p>			
09:20	10:20	<p>"Referral Diagnosis Low Back Pain: Only the Tip of the Iceberg" managing pain from a MDT perspective</p> <p>Chair: Bart Morlion, Belgium</p> <p>Koen Bernar, Belgium & Susan Broekmans, Belgium & Eline Coppens, Belgium & Peter Van Wambeke, Belgium & Hilde Verbeke, Belgium & Sofie Verbruggen, Belgium & Elfi Vergaelen, Belgium</p> <p>Q&A</p>			
10:20	10:30	Break			
10:30	11:30	<p>Primers to specific pain conditions</p> <p>Chair: Hani Hattar, Sweden</p> <p>CRPS Frank Huygen, Netherlands</p> <p>Vulvodinia Nina Bohm-Starke, Sweden</p> <p>Pain in hereditary connective tissue disorders Hani Hattar, Sweden</p> <p>Osteoarthritis David Walsh, United Kingdom</p> <p>Q&A</p>	<p>Special populations 1</p> <p>Chair: Catherine Blake, Ireland</p> <p>Introduction Catherine Blake, Ireland</p> <p>Neuropathic pain Roberto Casale, Italy</p> <p>Neuropathic pain Roberto Casale, Italy</p> <p>Cancer pain An de Groef, Belgium</p> <p>Q&A</p>	<p>Psychological interventions: Behavioural approaches</p> <p>Chair: Regine Klinger, Germany</p> <p>Psychological interventions Johan Vlaeyen, Belgium</p> <p>Q&A</p>	<p>Educating patient and professionals</p> <p>Chair: Petra Mandysova, Czech Republic</p> <p>Patient and family education Petra Mandysová, Czech Republic</p> <p>Educating other health professionals Emma Briggs, United Kingdom</p> <p>Case reviews: Evaluating education Petra Mandysova, Czech Republic & Emma Briggs, United Kingdom</p> <p>Q&A</p>
11:30	12:30	<p>Interventional pain management</p> <p>Chair: Arun Bhaskar, United Kingdom</p> <p>Which nerve blocks belong in the toolbox for chronic pain management? Arun Bhaskar, United Kingdom</p> <p>Consensus practice guidelines on interventions for lumbar facet joint pain Jan Van Zundert, Belgium</p> <p>Exploring sympathetically-mediated pain: A valuable construct or excuse for overdoing blocks? Elon Eisenberg, Israel</p> <p>Interventional pain management for headache Samer Narouze, United States</p> <p>Q&A</p>	<p>Special populations 2</p> <p>Chair: Harriet Wittink, Netherlands</p> <p>Introduction Harriet Wittink, Netherlands</p> <p>Children and adolescents Jeanine Verbun, Netherlands</p> <p>Older adults Patricia Schofield, United Kingdom</p> <p>Mental health Laura Hemmings, United Kingdom</p> <p>Q&A</p>	<p>Psychological interventions: Cognitive approaches</p> <p>Chair: Tamar Pincus, United Kingdom</p> <p>Psychological interventions Harbinder Sandhu, United Kingdom</p> <p>Q&A</p>	<p>Leadership and advanced nursing practice</p> <p>Chair: Gillian Chumbley, United Kingdom</p> <p>Advanced nursing roles in pain management Rianne Van Boekel, Netherlands</p> <p>Leading and developing others Gillian Chumbley, United Kingdom</p> <p>Building a network or building your career and professional development Felicia Cox, United Kingdom</p> <p>Q&A</p>
12:30	12:40	Break			
12:40	13:40	<p>Pain Prevention (2020 European year against pain) Impact of lifestyle factors</p> <p>Chair: Brona Fullen, Ireland</p> <p>Role of nutrition in pain prevention Elizabeth Dean, Canada</p> <p>Role of physical activity in pain prevention Joe Tatta, United States</p> <p>Role of sleep hygiene and stress management in pain prevention Anne Söderlund, Sweden</p> <p>Q&A</p>			