

Pain Medicine educational session	Physiotherapy educational session	Psychology educational session	Nursing educational session
Topical lecture	Interprofessional learning session	Industry Supported Session	Break

		<b>Thursday, 4 November 2021</b>			
08:15	08:45	<b>Systematic reviews; the crisis of quality and identifying a good review</b> Chair: Johannes Vlaeyen, Belgium  <b>The crisis of quality and spin in systematic reviews</b> Neil O'Connell, United Kingdom <b>Knowing how to spot a good review and what to trust</b> Emma Fisher, United Kingdom <b>QA</b>			
08:45	09:15	<b>Long COVID and PAIN challenges</b> Chair: Roger Knaggs, United Kingdom  <b>Challenges with analgesics in the COVID pandemic</b> Gisèle Pickering, France <b>Long COVID</b> Deepak Ravindran, United Kingdom <b>QA</b>			
09:15	09:30	Break			
09:30	10:30	<b>Interprofessional working in chronic pain: Evidence, barriers, and solutions</b> Chair: Sónia Bernardes, Portugal  <b>Examining the effectiveness of unidisciplinary clinical psychology and interdisciplinary chronic pain treatments</b> Kevin Vowles, United Kingdom <b>Applying key principles to the setting up of a new interdisciplinary pain prevention service</b> Ulrike Kaiser, Germany <b>Interdisciplinary working: A nursing perspective</b> Amelia Swift, United Kingdom <b>QA</b>			
10:30	10:45	Break			
10:45	11:45	<b>Pharmacotherapy of pain</b> Chair: Harm Peters, Germany  <b>Pharmacotherapy of pain during pregnancy and breastfeeding</b> Flaminia Coluzzi, Italy <b>Pharmacotherapy of pain in liver disease</b> Bart Morlion, Belgium <b>Pharmacotherapy of pain in renal disease</b> Harm Peters, Germany <b>QA</b>	<b>Pain science and knowledge</b> Chair: Harriet Wittink, Netherlands  <b>Nociception to the dorsal horn</b> Roland Reezigt, Netherlands <b>Pain modulation</b> Roland Reezigt, Netherlands <b>Pain in the brain</b> Andre Mouraux, Belgium <b>QA</b>	<b>Pain models: Pain communication and application</b> Chair: Kai Karos, Belgium  <b>Theoretical foundations of pain communication</b> Kai Karos, Belgium <b>Clinical application of pain communication theories to reduce stigma and invalidation of people with pain</b> Harbinder Sandhu, United Kingdom <b>The role of (implicit) bias in pain assessment and patient-clinician interactions</b> Claire Ashton-James, Australia <b>QA</b>	<b>Nursing assessment and measurement of pain</b> Chair: Nadja Nestler, Austria  <b>Pain assessment and triage in trauma patients in the emergency department</b> Sivera Berben, Netherlands <b>Blunt Thoracic Injuries: Understanding pain throughout the recovery journey</b> Edward Baker, United Kingdom <b>Pain assessment in adult ICU</b> Irmela Gnass, Austria <b>QA</b>
11:45	12:00	Break			

12:00	13:00	<p><b>Neck and back pain</b></p> <p>Chair: Peter Vanwambeke, Belgium</p> <p><b>Clinical assessment to identify specific causes</b> Peter Vanwambeke, Belgium</p> <p><b>Role of imaging in spinal pain</b> Rianne van der Heijden, Netherlands</p> <p><b>Identifications for spinal surgery</b> Bart Depreitere, Belgium</p> <p><b>QA</b></p>	<p><b>Exercise and chronic pain</b></p> <p>Chair: Catherine Doody, Ireland</p> <p><b>Evidence for exercise in the management of chronic pain</b> Máire-Brid Casey, Ireland</p> <p><b>Dysfunctional endogenous pain inhibition during exercise in chronic MSK pain</b> Jessica Van Oosterwijck, Belgium</p> <p><b>Should exercises be painful in the management of chronic musculoskeletal pain</b> Benjamin Smith, United Kingdom</p> <p><b>QA</b></p>	<p><b>Fear of pain: Concepts, evidence and application</b></p> <p>Chair: Johannes Vlaeyen, Belgium</p> <p><b>Introducing the concept 'Fear of pain'</b> Johannes Vlaeyen, Belgium</p> <p><b>The persistence of avoidance behaviour</b> Ann Meulders, Belgium</p> <p><b>The reduction of avoidance behaviour</b> Katja Boersma, Sweden</p> <p><b>QA</b></p>	<p><b>Principles of pain treatment</b></p> <p>Chair: Petra Mandysova</p> <p><b>Promoting self-management during COVID and beyond</b> Chris Bridgeford, United Kingdom &amp; Joe Parsons, United Kingdom</p> <p><b>Lifestyle interventions for people in pain</b> Speaker: Petra Mandysova</p> <p><b>QA</b></p>
13:00	13:30	Exhibition and Lunch Break			
13:30	14:15	Industry Supported Session *			
14:15	15:15	<p><b>Neuropathic pain</b></p> <p>Chair: Didier Bouhassira, France</p> <p><b>NeuPSIG identification algorithm for neuropathic pain. Possibilities and potential pitfalls</b> Didier Bouhassira, France</p> <p><b>Central neurostimulation techniques to relieve neuropathic pain</b> Luis García-Larrea, France</p> <p><b>Somatosensory testing, including quantitative thermal testing (QTT)</b> Janne Gierthmuhlen, Germany</p> <p><b>QA</b></p>	<p><b>Self-management and chronic pain</b></p> <p>Chair: Stefan Elbers, Netherlands</p> <p><b>Self-management in rehabilitation</b> Michael Nicholas, Australia</p> <p><b>Barriers and enablers to self-management</b> Hemakumar Devan, New Zealand</p> <p><b>What is self-management - concept analysis</b> Dominique Van Der Velde, Belgium</p> <p><b>QA</b></p>	<p><b>Paediatric pain treatment: Overview and treatment approaches</b></p> <p>Chair: Meghan McMurtry, Canada</p> <p><b>Social context of paediatric (everyday) pain and implications for management</b> Line Caes, United Kingdom</p> <p><b>Understanding and managing paediatric needle-related pain and fear</b> Meghan McMurtry, Canada</p> <p><b>Behavioural interventions for paediatric chronic pain</b> Rikard Wicksell, Sweden</p> <p><b>QA</b></p>	<p><b>Clinical updates: Postoperative pain treatment</b></p> <p>Chair: Rianne van Boekel, Netherlands</p> <p><b>Pharmacological treatment of postoperative pain</b> Rianne van Boekel, Netherlands</p> <p><b>Non-pharmacological interventions for postoperative pain</b> Sigridur Zoëga, Iceland</p> <p><b>Clinical effect of the combination of adjuvants and local anesthetics in postoperative pain treatment</b> Winfried Meissner, Germany</p> <p><b>QA</b></p>
15:15	15:30	Break			
15:30	16:30	<p><b>Pain and problem substance use</b></p> <p>Chair: Geert Dom, Belgium</p> <p><b>Background and foundation</b> Arnt Schellekens, Netherlands</p> <p><b>Risk assessment and clinical presentation</b> Geert Dom, Belgium</p> <p><b>Opioid tapering and stopping for pain physicians</b> Bart Morlion, Belgium</p> <p><b>QA</b></p>	<p><b>Behavioural change and pain management</b></p> <p>Chair: Brona Fullen, Ireland</p> <p><b>Different behavioural styles in patients with chronic low back pain</b> Ivan Huijnen, Netherlands</p> <p><b>Tools for adherence to behaviour change in pain self-management</b> Anne Söderlund, Sweden</p> <p><b>Strategies for physiotherapists' behaviour change when implementing evidence in practice</b> Johanna Fritz, Sweden</p> <p><b>QA</b></p>	<p><b>Emerging technologies for the management of pain</b></p> <p>Chair: Zina Trost, United States</p> <p><b>Advances in virtual reality for pain management</b> Zina Trost, United States</p> <p><b>Acceptance and exposure-based online treatment for chronic pain</b> Jenny Rickardsson, Sweden</p> <p><b>Web-based interventions and educational websites for pain management</b> Rubén Nieto, Spain</p> <p><b>QA</b></p>	<p><b>Clinical updates: Cancer &amp; cancer survivors</b></p> <p>Chair: Martin Galligan, United Kingdom</p> <p><b>Principles of cancer-related pain management</b> Martin Galligan, United Kingdom</p> <p><b>Invasive cancer pain treatment</b> Suzanne Chapman, United Kingdom</p> <p><b>Management of complex cancer related pain</b> Martin Galligan, United Kingdom &amp; Suzanne Chapman, United Kingdom</p> <p><b>QA</b></p>
16:30	16:45	Break			
16:45	17:15	<p><b>Ethical dilemma situations in clinical practice</b></p> <p>Chair: Andreas Kopf, Germany</p> <p><b>Ethics of principles by Beauchamp &amp; Childress</b> Andreas Kopf, Germany</p> <p><b>QA</b></p>			

\* Industry Session not included in main event CME/CPD credit

		<b>Friday, 5 November 2021</b>					
08:15	08:45	<b>Bridging the gap between patients and health care providers: Communication strategies in pain management</b>  Chair: Bart Morlion, Belgium Candy McCabe, United Kingdom <b>QA</b>					
08:45	09:15	<b>Gut Feelings: The microbiome and pain disorders</b>  Chair: David Finn, Ireland Siobhain O'Mahony, Ireland <b>QA</b>					
09:15	09:30	Break					
09:30	10:30	<b>Multidisciplinary female pelvic pain management</b>  Chair: Manohar Sharma, United Kingdom  <b>Urogynaecology perspective on complex female pelvic pain</b> Shaireen Aleem, United Kingdom <b>Psychology perspective on complex female pelvic pain</b> Natalie Lane, United Kingdom <b>Pain Medicine perspective on complex female pelvic pain</b> Rajiv Chawla, United Kingdom <b>QA</b>				EDPM Exam Guidance, Mock Content Demo and Q&A	EDPP Exam Guidance, Mock Content Demo and Q&A
10:30	10:45	Break					
10:45	11:45	<b>Chronic widespread pain</b>  Chair: Indre Bileviciute-Ljungar, Sweden  <b>Cronic widespread pain. Differential Diagnosis</b> Winfried Häuser, Germany <b>Hypermobility spectrum disorder (HSD) pain management</b> Hani Hattar, Sweden <b>Chronic widespead pain and fibromyalgia. The role of physician and multidisciplinary approach</b> Indre Bileviciute-Ljungar, Sweden <b>QA</b>	<b>Education and communication</b>  Chair: Morten Høgh, Denmark  <b>Explaining pain to patients with chronic pain</b> Tim Beames, United Kingdom <b>Narrative medicine and chronic pain</b> Lissanthea Taylor, Australia <b>Psychologically informed practice</b> Chris Main, United Kingdom <b>QA</b>	<b>ACT and mindfulness: Overview and application to pain</b>  Chair: Lance McCracken, Sweden  <b>ACT model and evidence</b> Whitney Scott, United Kingdom <b>ACT Method and for whom</b> Lance McCracken, Sweden <b>Mindfulness model, evidence, method, and for whom</b> Jasmine Hearn, United Kingdom <b>QA</b>	<b>Clinical updates: Infants, children and young people</b>  Chair: Emma Briggs, United Kingdom  <b>Pain assessment in paediatric ICU</b> Norma Okeeffe, Ireland <b>Non-pharmacological techniques with children and young people</b> Verena Del Valle Mattsson, Switzerland <b>Procedural pain management</b> Koen Vanhosebrouck, Belgium <b>QA</b>		
11:45	12:00	Break					
12:00	13:00	<b>Pain in infants, children and adolescents</b>  Chair: Boris Zernikow, Germany  <b>Psychological aspects of acute and chronic pain including pain assessment</b> Julia Wager, Germany <b>The biology of acute pain and acute pain treatment</b> Francesca Oppitz, Netherlands <b>The biology of chronic pain and chronic pain treatment</b> Boris Zernikow, Germany <b>QA</b>	<b>eHealth in pain management</b>  Chair: An de Groef, Belgium  <b>The potential role of ehealth in rehabilitation</b> Michiel Punt, Netherlands <b>Stratified blended care</b> Corelien Kloek, Netherlands <b>E-health self-management to support physical activity for chronic painful conditions</b> Mark Van Tilburg, Netherlands <b>QA</b>	<b>Resilience factors and their role in buffering pain</b>  Chair: Madelon Peters, Netherlands  <b>Optimism as a resiliency for pain</b> Madelon Peters, Netherlands <b>Positive affect at the intersection of the biopsychosocial model of pain</b> Patrick Finan, United States <b>Coping with chronic pain: On the value of acceptance and flexible goal adjustment</b> Emelien Lauwerier, Belgium <b>QA</b>	<b>Clinical updates: Neuropathic pain</b>  Chair: Nicola Torrance, United Kingdom  <b>Epidemiology and risk factors associated with neuropathic pain</b> Nicola Torrance, United Kingdom <b>Assessment of neuropathic pain</b> Nadine Attal, France <b>Managing pain diabetic neuropathy</b> Suzanne Pouwels, Netherlands <b>QA</b>		
13:00	14:15	Exhibition and Lunch Break					

14:15	15:15	<p><b>Interventional pain management</b></p> <p>Chair: Sam Narouze, United States</p> <p><b>Intrathecal drug delivery for chronic pain</b> Peter Staats, United States</p> <p><b>Basic principles of radiofrequency in pain management: Understanding the mechanisms</b> Koen Van Boxem, Belgium</p> <p><b>Sphenopalatine Ganglion Block: Techniques and indications</b> Sam Narouze, United States QA</p>	<p><b>Acute pain in sports</b></p> <p>Chair: Harriet Wittink, Netherlands</p> <p><b>Inflammation and tissue healing</b> Tim Watson, United Kingdom</p> <p><b>Pain or injury</b> Morten Høgh, Denmark</p> <p><b>Being an athlete with pain</b> Tasha Stanton, Australia QA</p>	<p><b>Prevention of chronic pain: Biopsychosocial risk models, evidence and early intervention</b></p> <p>Chair: Monika Hasenbring, Germany</p> <p><b>Psychological prognostic factors in musculoskeletal pain: Description, conceptualization, and approaches for early intervention</b> Paul Campbell, United States</p> <p><b>Assessing psychosocial barriers to return-to-work and pain-related disability</b> William Shaw, United States</p> <p><b>Transition to persistent pain: The role of activity-related behaviour and early interventions</b> Monika Hasenbring, Germany QA</p>	<p><b>Clinical updates: Pain and dementia</b></p> <p>Chair: Patricia Schofield, United Kingdom</p> <p><b>Identifying and assessing pain in dementia care</b> Stefan Lautenbacher, Germany</p> <p><b>Using technology to assess and manage pain in dementia care</b> Thomas Hadjistavropoulos, Canada</p> <p><b>Managing pain in dementia care</b> Gisèle Pickering, France QA</p>
15:15	15:30	Break			
15:30	16:30	<p><b>Addiction and substance abuse in the context of chronic pain</b></p> <p>Chair: Kevin Vowles, United Kingdom</p> <p><b>Co-morbid chronic pain and opioid misuse/opioid use disorder</b> Kevin Vowles, United Kingdom</p> <p><b>Alcohol use disorder from the perspective of addictions treatment</b> Katie Witkiewitz, United States</p> <p><b>Reflections on 20 years of working a pain and addiction treatment service</b> Alexander Baldacchino, United Kingdom QA</p>			
16:30	16:45	Break			
16:45	17:15	<p><b>Application of digital technology to facilitate practice</b></p> <p>Chair: Brona Fullen, Ireland</p> <p><b>Use of technology in the remote management of musculoskeletal pain</b> David Hohenschurz-Schmidt, United Kingdom</p> <p><b>Use of VR to facilitate clinician treatment decision-making around pain</b> Adam Hirsh, United States QA</p>			

		<b>Saturday, 6 November 2021</b>			
09:00	10:00	<b>Pain science education for pain management</b> Chair: Jonathan Hill, United Kingdom  <b>Setting the scene: the power of PSE in interdisciplinary pain management</b> Bart Morlion, Belgium <b>Implementation of PSE: Lessons learned from the past 20 years</b> Lorimer Moseley, Australia <b>PSE in special populations: Pain Education after CANcer (PECAN)</b> An De Groef, Belgium <b>QA</b>			
10:00	10:15	Break			
10:15	11:15	<b>Primer pain conditions</b>  Chair: Hani Hattar, Sweden  <b>Mixed pain</b> Rainer Freynhagen, Germany <b>Pain and related symptoms in post COVID-19 patients</b> Indre Bileviciute-Ljungar, Sweden <b>Burning mouth syndrome</b> Antoon De Laat, Belgium <b>QA</b>	<b>Special populations</b>  Chair: Anneleen Malfliet, Belgium  <b>Pain in people suffering from intellectual disability</b> Owen Doody, Ireland <b>Pain in children</b> Kelly Ickmans, Belgium <b>From Working with Persistent Pain to Long COVID - a clinical perspective</b> Stephanie Poulton, United Kingdom <b>QA</b>	<b>Pain assessment: Multiple methods</b>  Chair: Edmund Keogh, United Kingdom  <b>Introduction and overview of need for multiple assessment for pain</b> Ulrike Kaiser, Germany <b>Self-reported questionnaires</b> Dimitri Van Ryckeghem, Netherlands <b>Nonverbal measurement of pain behaviour</b> Judith Kappesser, Germany <b>QA</b>	<b>Educating patients and professionals</b>  Chair: Emma Briggs, United Kingdom  <b>Patient education: The effect of positive words on pain and anxiety</b> Sigrid Heemskerk, Netherlands <b>Patient perspective: Priorities in educating patients and professionals</b> Chris Bridgeford, United Kingdom & Joe Parsons, United Kingdom <b>Professional education: Developing e-learning</b> Emma Briggs, United Kingdom <b>QA</b>
11:15	11:30	Break			
11:30	12:30	<b>Cancer pain</b>  Chair: Manohar Sharma, United Kingdom  <b>Pain management at the end of life: Evidence and practice</b> Nevenka Krceviski Skvarc, Slovenia <b>Pain management at the end of life: Case presentation</b> Manohar Sharma, United Kingdom <b>Managing common non-pain symptoms at end of life</b> Sam Ahmedzai, United Kingdom <b>QA</b>	<b>Special populations &amp; comorbidities</b>  Chair: Catherine Blake, Ireland  <b>Nutrition pain and obesity</b> Anneleen Malfliet, Belgium <b>Sleep (problems) and pain</b> Eveline van Looveren, Belgium <b>QA</b>	<b>Pain management for older adults: Overview and treatment approaches</b>  Chair: Miriam Kunz, Germany  <b>Older adults' pain prevalence and underlying mechanisms</b> Stefan Lautenbacher, Germany <b>Assessing older adults' pain experiences</b> Miriam Kunz, Germany <b>Psychological interventions for older adults with chronic pain</b> Peter Mattenklodt, Germany <b>QA</b>	<b>Leadership and advanced nursing practice</b>  Chair: Rianne van Boekel, Netherlands  <b>Advanced nursing roles to be: Transitional pain services</b> Nadja Nestler, Austria <b>Advanced nursing roles: Nurse-led pain clinic</b> Karin Cannons, United Kingdom <b>Building a network, career and professional development: A nice example</b> Patricia Schofield, United Kingdom <b>QA</b>
12:30	12:45	Break			
12:45	13:45	<b>Musculoskeletal pain in adolescents</b>  Chair: Michael Rathleff, Denmark  <b>Who are the adolescents with musculoskeletal pain that have the highest risk of a poor outcome?</b> Sinead Holden, Denmark <b>Evidence-based self-management approaches for adolescent musculoskeletal pain: from simple to complex</b> Michael Rathleff, Denmark <b>Biopsychosocial understanding of the transition from acute to chronic pain in adolescents</b> Tonya Palermo, United States <b>QA</b>			