

CONGRESS – PAIN IN EUROPE

The biennial congress of the European Pain Federation EFIC, 'Pain in Europe', is our largest meeting, and the focal point for the pain community each time it takes place. Pain in Europe showcases opinion-leading speakers and a scientific programme consisting of the latest evidence-based medicine in all relevant disciplines in the field of pain management. The congress offers numerous lectures, workshops, refresher courses and networking initiatives on all aspects of pain.

EUROPEAN JOURNAL OF PAIN

The European Journal of Pain (EJP) is the official journal of the European Pain Federation EFIC. The journal publishes clinical, basic and translational research papers relevant to all aspects of pain and its management. The EJP is published every month and it is free for the members of our national chapters, EFIC Academy members and congress attendees.

JOIN THE EFIC ACADEMY

The EFIC Academy is our flag-ship education programme bringing together everyone who wishes to advance their competences through the Federation's comprehensive multi-professional education programme. Membership of the EFIC Academy allow you to access our most comprehensive educational projects and receive discounts on various events. More information on benefits and fees are available on our website.

STAY IN TOUCH!

To remain up to date with the activities of the European Pain Federation you can visit our website, follow us on social media and subscribe to our mailing list.

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WHO WE ARE

The European Pain Federation EFIC® is a multi-disciplinary professional organisation in the field of pain research and pain management, consisting of the 38 chapters of the International Association for the Study of Pain (IASP®) in Europe. Established in 1993, The European Pain Federation EFIC constituent chapters represent close to 20,000 physicians, basic researchers, nurses, physiotherapists, psychologists and other healthcare professionals across Europe, who are involved in pain management and pain research.

AIMS OF THE EUROPEAN PAIN FEDERATION EFIC

We aim to advance research, education, and clinical management of pain and serve as an authoritative, science-based resource on issues related to pain and its treatment.

WHAT DO WE DO?



Develop educational programmes to improve pain knowledge amongst healthcare practitioners



Raise awareness of the importance of pain, including its management, treatment and prevention, amongst patients and the general public



Engage in research projects and disseminate research funding, in order to advance the scientific understanding of pain



Campaign to improve policies that affect pain and to increase funding for pain in public research programmes



Organise the largest scientific congress on pain in Europe, showcasing the latest research and clinical management approaches



Publishing a scientific journal, the European Journal of Pain, to disseminate the latest research findings and an evidence-based approach to pain management



Creating and disseminating evidence-based guidance for clinicians

OUR CORE WORK IS FOCUSED AROUND THREE PILLARS; EDUCATION, RESEARCH AND ADVOCACY



EDUCATION

Key projects include the following:

EFIC Academy: The EFIC Academy is our main educational resource for all healthcare professionals who wish to expand their knowledge on pain management through EFIC's comprehensive multi-professional education programme. Membership of the EFIC Academy allow you to access our most comprehensive educational projects such as the Virtual Pain Education Summit and the EFIC Academy Education Platform.

Pain Schools: We organise 'EFIC Pain Schools', bringing together leading educators to provide study programs across Europe. The schools are aimed at young medical doctors and allied healthcare professionals who are interested in further developing their knowledge and expertise in the field of pain management.

Examinations: We have developed curricula on pain medicine and pain physiotherapy and accompanying examinations. The European Diploma in Pain Medicine (EDPM) and the European Diploma in Pain Physiotherapy (EDPP) examinations take place once a year. Further exams are planned, covering our curricula on nursing and psychology.



RESEARCH

Key projects include the following:

Grants and prizes: We offer grants and prizes to reward the pain research community. The best basic and clinical research papers in our scientific journal are awarded at our scientific congress. We also organise the EFIC-Grünenthal-Grant, a large funding programme for young researchers.

Research consortia: We take part in research consortia, including in European Commission projects such as the Innovative Medicines Initiative and Horizon Europe Programme. Recent projects include IMI-PainCare, inter-specialty cancer training, and Marie Curie secondments for early career researchers.

Clinical task forces: We assemble clinical task forces to develop clinical outputs such as guidelines and standards of care documents. These are composed of experts in their fields, representing our multidisciplinary community, and following robust methodological standards.



ADVOCACY

Key projects include the following:

Societal Impact of Pain: The 'Societal Impact of Pain' (SIP) platform is a multi-stakeholder partnership led by the European Pain Federation EFIC and Pain Alliance Europe (PAE), which aims to raise awareness of pain and change pain policies. The platform provides opportunities for discussion for health care professionals, pain advocacy groups, politicians, healthcare insurance providers, representatives of health authorities, regulators, and budget holders.

European Pain Forum: The European Pain Forum brings together all major scientific societies and patients to work together on issues where we share a common scientific understanding. The Forum has led to the development of clinical practice recommendations co-written and endorsed by 10 different scientific societies.

Plain Talking: EFIC organise thematic awareness raising campaigns, the latest focusing on the importance of health literacy. The campaign is targeted at both clinicians and people living with pain and focuses on improving their communication by developing a series of materials and useful resources for all.