

DEVELOPING PAIN EDUCATION FOR NURSES BY NURSES

Transforming Nursing through knowledge



Societal Impact of Pain 2012 Copenhagen

Manuela Monleón, RN, MS

Marta Pisano, RN, MS



Disclosure Statement of Financial Interest

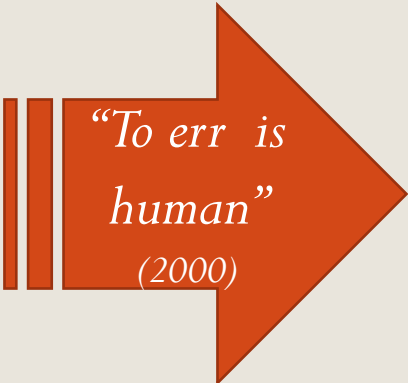


We, **Manuela Monleón and Marta Pisano**, DO NOT have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation.

Times of crisis



Safe care



*“To err is
human”
(2000)*

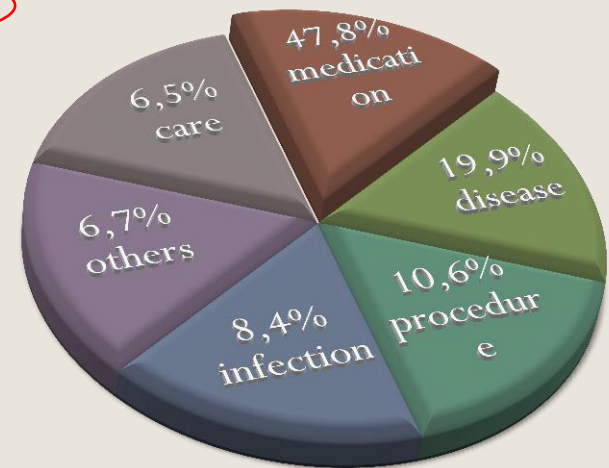
- High **death rate** due to errors
- **70%** of them could have been prevented
- **Types of errors**
 - *diagnostic*
 - *treatment*
 - *prevention*
 - *others*

Linda T. Kohn, Janet M. Corrigan, and Molla S. To err is human. Donaldson, Editors; Committee on Quality of Health Care in America, Institute of Medicine, 2000

Leape, Lucian; Lawthers, Ann G.; Brennan, Troyen A., et al. Preventing Medical Injury. Qual Rev Bull. 19(5):144–149, 1993

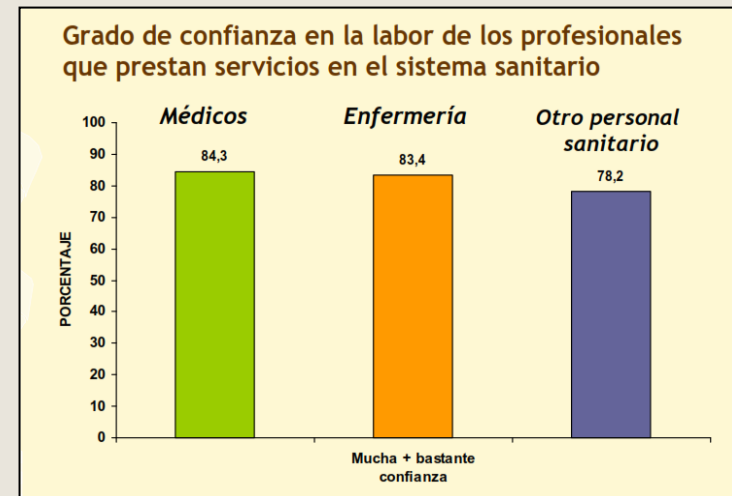
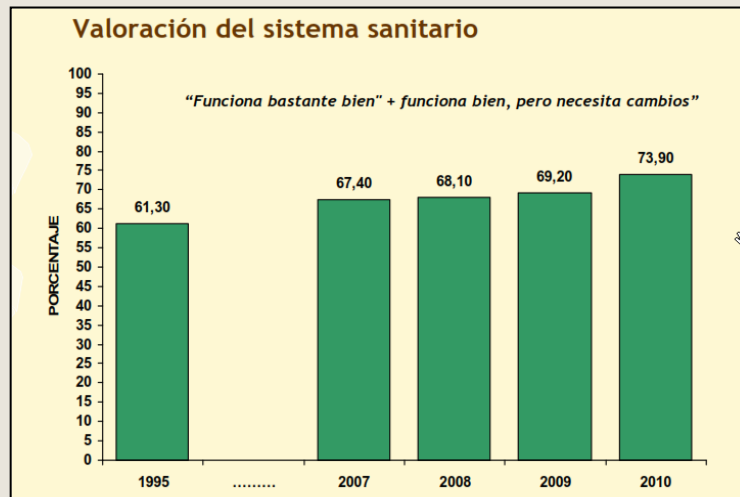
Health System

- “*Primum non nocere*”
- It's everyone's responsibility to minimize errors: professional, system and patient
- Spain ▶ safety studies: ENEAS (2006) y APEAS (2008)
 - Training, teamwork and communication between professionals.
 - 47,8% medication error: adverse drug reactions (ADRs), wrong dose, lack of adherence to treatment, dose omission...
 - 6,5% care/procedure



Caring for the person with pain

- 83% are followed in the Primary Health Care
- Nurse must be **proactive in pain management**:
 - *It is the right of people to receive care for pain*
- **86,2% of citizens are satisfied** with the Spanish Health System and its professionals



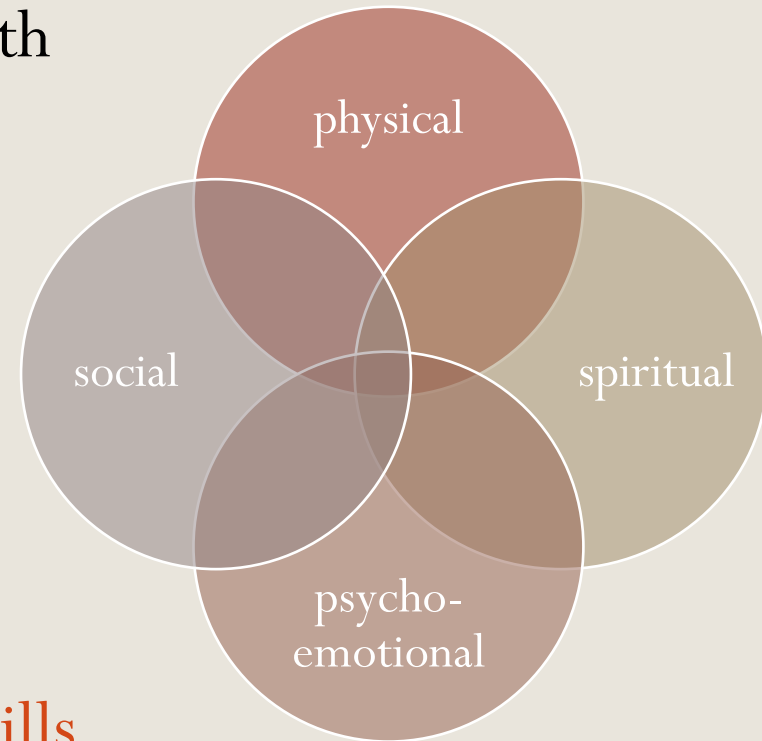
People with Pain

- 80% patients are dissatisfied with the treatment of pain
 - >10% had to reduce its activity in the last 2 weeks
 - >29, 3% had used any drugs to reduce pain in the last 2 weeks
 - 91.8% among the group of people over 75 years
- Nurse is the professional who is longer with the patient and family: prevention , self-care, care pain, etc. for active patient
- Nurses play an important role in the care of the person with pain

Right to care

Education for nurses

- The **level of training differs** between nursing practices and get better health outcomes
- Nursing care is holistic and includes **human needs**: physical, psycho-emotional, social and spiritual
- Strategies to **increase training and skills** of nurses based on scientific knowledge and evidence



Nurse intervention

- Throughout process and implementation of **pain protocols** with nurse prescription will improve and streamline care.
- **Care plans** that include the proper selection of analgesics, pain monitoring, anticipation and detection of adverse events
- Education to **patient and family**
- Understandable and clear **information**

Pain Education for nurses by nurses on-line

1st block

1. Nursing
and Pain

2. Concept
and types

3. Assessment

4. Pharmacologic
and
nonpharmacologic
treatment

Pain Education for nurses by nurses on-line

2nd block



5. Care of acute pain



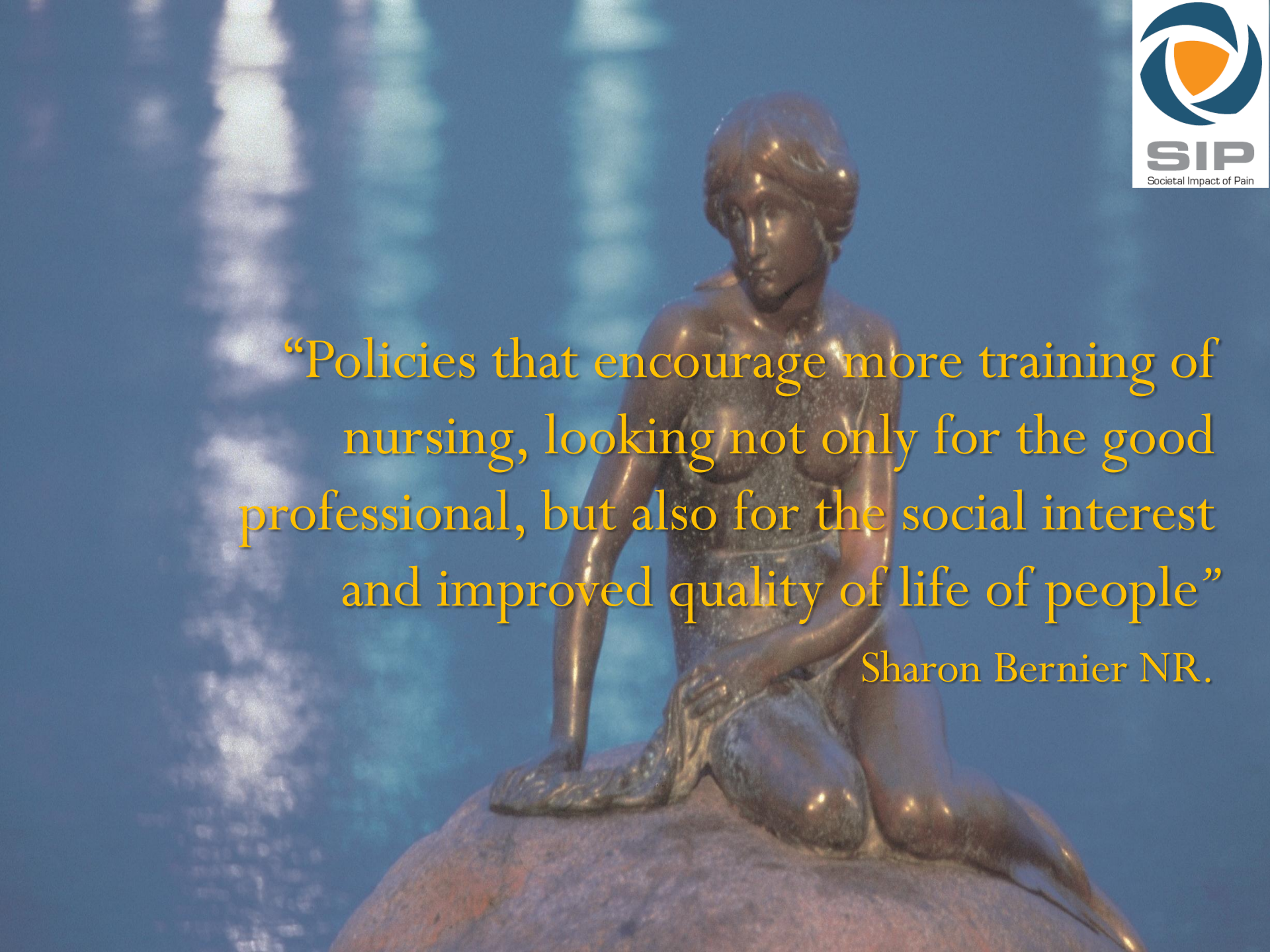
6. Care of chronic non-cancer pain



7. Care of chronic cancer pain



8. Pain in special situations: Children, Olders and End of Life



“Policies that encourage more training of nursing, looking not only for the good professional, but also for the social interest and improved quality of life of people”

Sharon Bernier NR.