



ESCOLA GALEGA
DE SAUDE



PARA
CIDADÁNS

Galician School in Public Health for Citizens: Education in Pain

WS 4: Benchmarking education and research
programmes on Pain care in the European Union

Copenhagen, 30 May 2012

Begoña García Cepeda

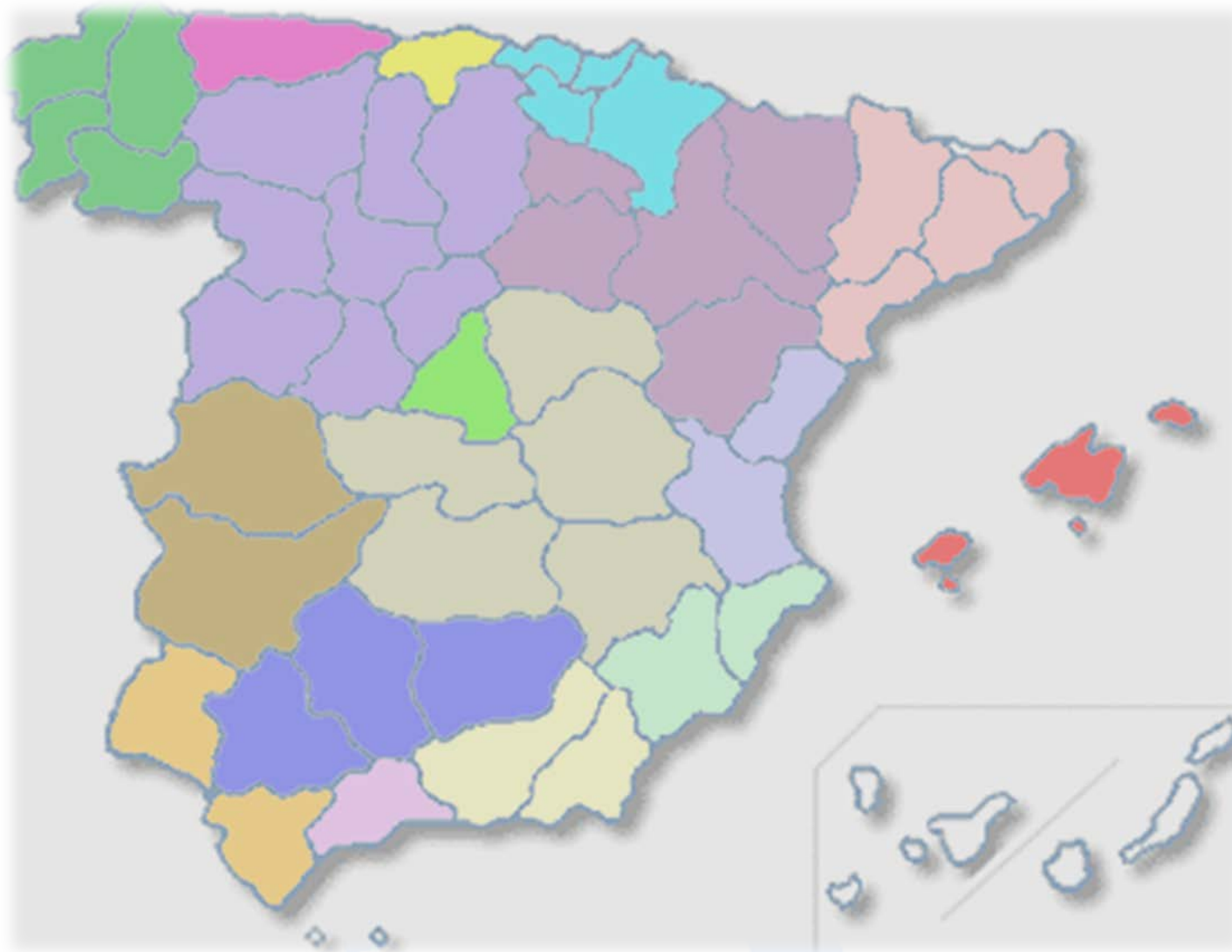
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Galicia



STRATEGY SERGAS 2014 PUBLIC HEALTH CARE at the PATIENT'S SERVICE



ESTRATEGIA SERGAS 2014 A SANIDADE PÚBLICA ao SERVIZO do PACIENTE



GOAL 1. Promote health and respond to citizens' needs

1.1



1.2

Incorporation of Sociosanitary Care

1.7

Citizen and patient participation

1.7

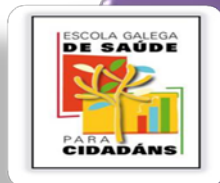
Citizen and patient participation

1.8

Free choice of doctor and hospital



Citizen and patient participation



Improve information and education directed at patients and citizens in terms of health. The Galician School in Public Health for Citizens was created for this purpose (2009).



Improve patient participation in those procedures directed at increasing health safety. The Patient Advisory Council was created for this purpose (2011).



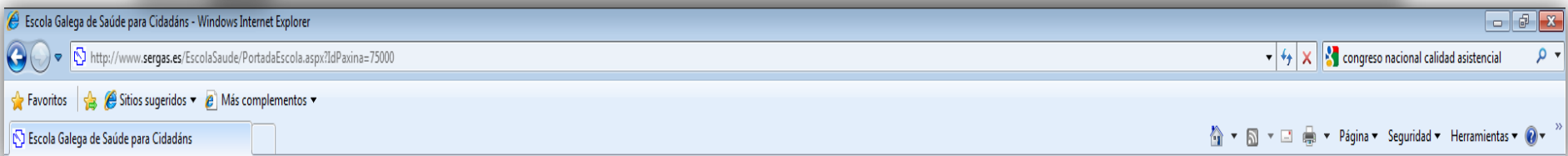
In order to improve quality of care, the Galician Commission on the Strategy Against Pain is created, made up in part of representatives of patient organizations.



Develop a system to determine the degree of satisfaction of patients and citizens with the Galician Health Service.



http://www.sergas.es/escolasaude



A ESCOLA

INFORMACIÓN XERAL

- Quen are
- That facemos
- Location
- Presentation
- Asociacións directory

ACTIVIDADES DOCENTES

- Activity Finder
- Inscrición
 - *Condicions
 - *Manual
 - *Online
- Development of training for asociacións p...

Contacte coa Escola
escola.saude@sergas.es

ACCESIBILIDADE | GALEGO | CASTILIAN |



AVISOS

- 18/04/2012 "Itinerant hemodonation Points
- 09/04/2012 "Celebrating Gastronomic diabetic Xornadas
- ... Round I in Galicia
- ... adas SARQuavtlae (Bioethics and dependence)
- ... Anhidacoruña Obradoiro

See More >>

PUBLICACIÓNS DA ESCOLA

- Publicacións da Escola
 - »Brochures
 - »E-books
 - "Conclusions do forum" O expert answer "
 - »Posters
 - »Videos

FORO: O EXPERTO

- Upcoming Forums
 - "World Day do Lupus (10/05/2012)
 - "World Day gives Fibromyalgia (12/05/2012)
 - "National Day gives Epilepsy (05/21/2012)
 - »Celiac do National Day (05/24/2012)
 - "World Day gives MS (05/30/2012)

See More >>



espazo to asociacións of doentes

... as asociacións of doentes to publish information or pruned desexen neste Espazo

SERVIZOS AO CIDADÁN





Escola Galega de Saúde para Cidadáns

- Información xeral
- Publicacións da Escola
- Actividades docentes**

- Buscador de actividades
- Inscrición
- Elaboración de propostas formativas para asociacións

- O experto responde
- Servizos ao cidadán

Resultados da busca:

» Ir á procura de actividades

Filtrar por Ordenar por: Actualizar

Código	Actividade formativa	Modalidade	Localidade	Período inscrición	D.Comezo	Inscrición	Admitidos	Reserva
100035	OBRADOIRO ESCLEROSE LATERAL AMIOTRÓFICA. QUE É. COMO COIDALA	-	FERROL	17/03/10 - 08/04/10	09/04/10	Inscribirse	-	-
100017	OBRADOIRO DE ANTICOAGULACIÓN PRESENCIAL PARA PACIENTES QUE TOMAN ANTICOAGULANTES ORAIS		CORUÑA, A	23/02/10 - 18/04/10	28/04/10	Inscribirse		-

100 It operates by means of a website

100 Where patients and citizens can find out about the scheduled activities

100 Register in those activities of interest

100 Ask questions by means of "Expert Responds" online Forums

100 View documents and interesting e-links.



GALEG-O CASTELLANO

CANLES RSS WEBS DE INTERESE MAPA WEB

Search bar with magnifying glass icon

PÁXINA PRINCIPAL » ESCOLA GALEGA DE SAÚDE PARA CIDADÁNS » ACTIVIDADES DOCENTES » ELABORACIÓN DE PROPOSTAS FORMATIVAS PARA ASOCIACIÓNS



Escola Galega de Saúde para Cidadáns

Información xeral

Publicacións da Escola

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Inscripción

Elaboración de postostas formativas para asociacións

O experto responde

Servizos ao cidadán



Elaboración de postostas formativas para asociacións

1. Título da actividade docente (*)

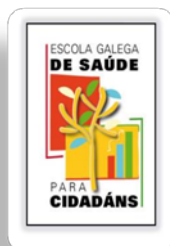
2. Obxectivo/s da actividade docente (*)

3. Características do alumnado (a quen vai dirixida a oferta) (*)

4. Programa docente (contidos e axenda) (*)

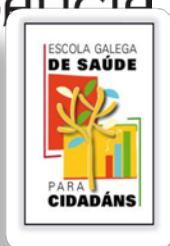
5. Listaxe de profesorado (xuntar breve currículo de cada docente)

They may also propose their own educational or training needs.



Activities between 2010-2011

ACTIVITIES	NUMBER OF ACTIVITIES	NUMBER OF HOURS	PATIENTS/ CITIZENS	PROFESSIONALS
WORKSHOPS	112	463	3433	236
FORUMS	15	30	329	30
DIALOGUES	29	29	58	921
TOTAL	156	522	3820	1187



Specific Activities

4 workshops



- ✓ Characteristics of pain
- ✓ Frequent causes and symptoms
- ✓ Therapeutic strategies

HELP US TO CONTROL PAIN



Servizo Galego de Saúde

Xeranda, Servizo Galego de Saúde Información Divulгатiva

¿Dóelle?



Non temos que resignarnos a vivir con dor

Ainda que se aume a dor derivada de veces como algo inevitable, pasando de crónica, e que a paciencia resignase e sufrir, existen múltiples tratamentos eficaces contra a dor.

O profesional sanitario é o que realice pode axudar para aliviar, tratar e controlar a dor da maneira máis apropiada para cada paciente e cada situación, mellorando a calidade de vida de quen a padece.

O tratamento da dor é un dereito humano fundamental recoñecido pola Comisión Permanente dos Dereitos Humanos das Nacións Unidas e pola Organización Mundial da Saúde

Fale cos profesionais sanitarios sobre a dor. Eles poden axudarl@s.

Co apoio de:

Cada dor ten a súa historia,

EVALÚALO

PLATAFORMA SinDOLOR

"Tratando a dor é aliviar a vida e a saúde"

2011, Galicia 2011

XUNTA DE GALICIA

Evaluation



Gaining knowledge
More correct answers following the activity 23%



Global satisfaction of the activity:
87.6 % of pupils were very satisfied



Applicability of what was taught 82.2 % High or Very High



Qualification of the teaching staff on a scale of 0 to 10
9.09

Patient Advisory Council



Created within the Galician School in Public Health for Citizens

It is a permanent consultative body within the "School"

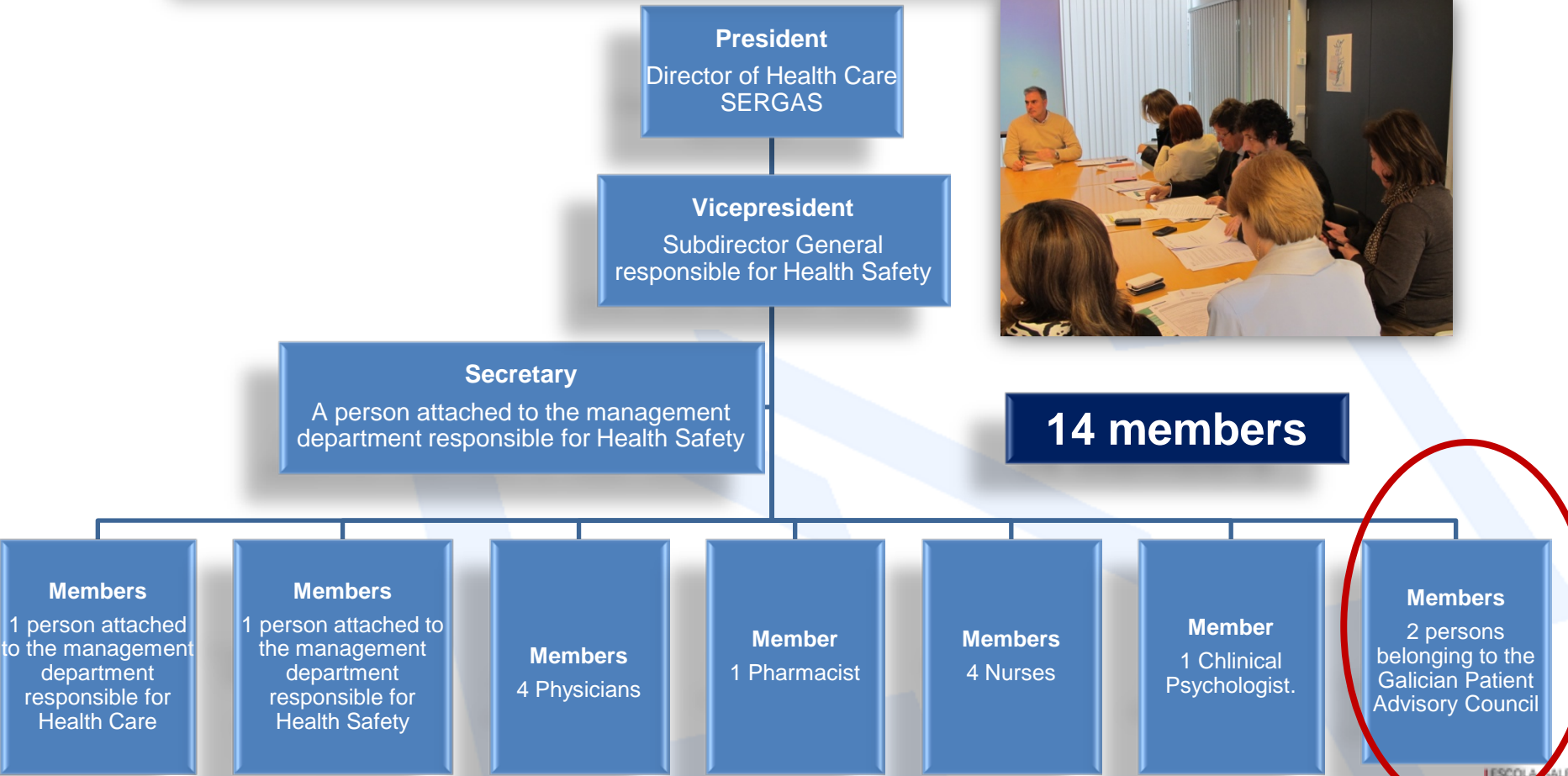
Allows citizens to speak out, to improve patient quality and safety, increase their levels of participation and receive the necessary information in order to be able to make their own decisions

- Improve patient safety
- Promote the patient's self-autonomy
- Improve communication – information



Galician Commission on the Strategy Against Pain

Decree 60/2012, of 26 January



14 members



Duties

1



Advise and guide health authorities on pain care matters and act as a reference for Pain Committees within health centres.

2



Analyze and propose alternatives for patient pain care and unify criteria as to the use of the necessary resources in pain care.

3



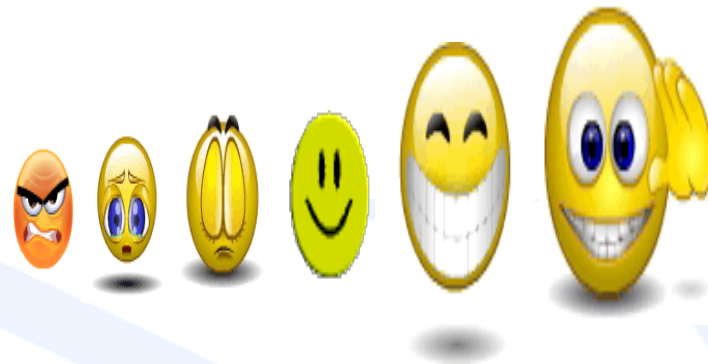
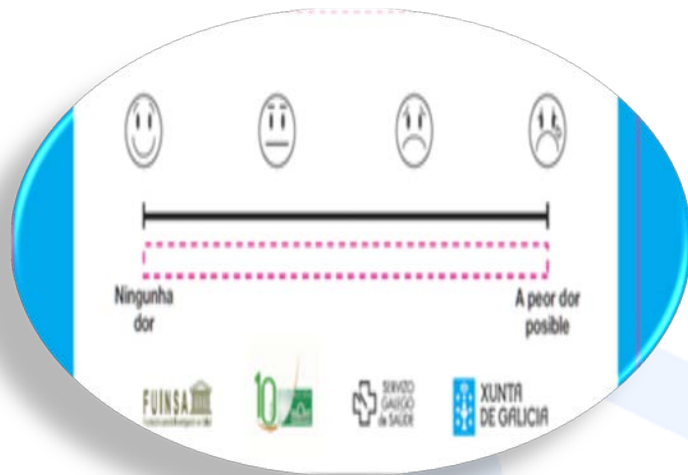
Promote the implantation of procedures and care guidelines for patients with pain as well as quality and safety indicators for pain care.

4



Propose and encourage educational programs and training in pain management for health professionals, patients and citizens through the Galician School in Public Health for Citizens.

We aim at transforming...



THANK YOU