



Societal Impact of Pain

2017

Structured Cooperation between Health Care Systems tackling the societal impact of pain! The Contribution of Occupational Safety and Health to Managing Pain in the Workplace

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European Agency for Safety and Health at Work EU-OSHA:

>An information Agency of the European Union

- Scientific, technical, economic, good practice cases, tools
- Analysis

Tripartite: Governing Board

National Focal Points



European Union OSH Strategic Framework 2014-2020



- Better coordinate EU and international efforts to address OSH
- Commission Communication 'Safer and Healthier Work for All – Modernisation of the EU OSH Legislation and Policy' (COM(2017) 12)





How safety and health can help pain management



European Parliament project – Safer and Healthie Work at Any Age: OSH in the *context* of an aging workforce

Return-to-work conclusions:

- >Early intervention focus on staying in existing work
- Multidisciplinary programmes to support companies and employees
- Return-to-work as a clinical (treatment) outcome
- More public health focus on non-life threatening chronic diseases – MSDs etc
- > Joined up policy, interventions, budgets

For early detection: access to occupational health services, and surveillance, workplace health promotion

https://osha.europa.eu/en/themes/osh-managementcontext-ageing-workforce/ep-osh-project



Incorporating diversity into OSH policy and strategy

- Diversity explicit in role of Austrian Labour Inspectorate
 - Gender mainstreaming expanded to all diversity areas
 - Training and checklists for inspectors
 - Diversity included in generic campaigns, guides
 - Support for SMEs e.g. workforce age
 - Impact assessments



Challenging sedentary working-life style





SIP

Too late to start at work...





Neck pain and back pain associated with school furniture and bag weight*

* Buckle et al, Surrey University 2007



http://osha.europa.eu

EU-OSHA future work programme



>MSD project: 2018 onwards

- European Healthy Workplaces Campaign 2020-21: theme MSDs
- >Working with pain incorporated
- Scoping the project

N.B Healthy Workplaces Campaign 2016-17: Healthy workplaces for all ages: https://osha.europa.eu/en/healthy-workplaces-campaigns/2016-17-campaign-healthy-workplaces-all-ages





Key Message for workplaces

OSH measures which make work easier for all the workforce can enable an individual with reduced work capacity to remain in employment

Simple measures to support an individual can often benefit the whole workforce





- Too often chronic pain leads to early exit from the workplace.
- But, with the right employer attitude and workplace adjustments combined with support from the public health system, many pain sufferers can continue working.
- Occupational safety and health has an important role to play in a multidisciplinary approach to pain management
- This requires a strong and progressive OSH system

Thank you

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