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Dear Reader,

We hope this newsletter finds you well.

In the final quarter of 2022, SIP has continued to work unceasingly to raise pain awareness at a European level and to promote pain and related policies.

In October, the annual SIP Stakeholder Forum (held virtually) was held which brought together several stakeholders with a shared interest in pain and related policies. It was an opportunity for SIP to take stock of its recent activities and to share with its peers its ambitions for the future. Find out more here.

The mental health of many has been challenged by the COVID-19 pandemic, and pain and mental health problems frequently go hand in hand. Mental health is high on both the European Union and SIP's agenda, which makes it one of its priorities for 2023 along with access to treatment. The position is shared by other stakeholders, which will hopefully translate into joint actions in the new year.

Pain and digital health, as well as International Classification of Diseases 11th Revision (ICD-11), will remain SIP's priorities for 2023. WHO's revised ICD-11 came into effect in 2022, which included chronic pain as a condition in its own right, which in turn, will lead to improved evaluations and treatment decisions. Therefore, ICD-11 now needs to be implemented across Europe. This is a challenge that SIP enthusiastically welcomes. The recent SIP ICD-11 event, held late in November, brought together experts in the field, including WHO speakers, as well as patients.

Moreover, the 2022 SIP Road Map Monitor, was launched at said ICD-11 event. The report includes the status of national health frameworks of pain, pain as a quality indicator, pain research, pain in employment and pain education, as well as the strengths and weaknesses of different national systems. ICD-11 remains central to SIP's agenda, with a position paper launch planned for the new year.

November also saw the various national platforms come together around the fourth SIP National Platform Call of 2022. What emerged was the desire of national platforms to work

together, moved by a common purpose. Therefore, we look forward to meeting them in February 2023 for the first SIP National Platform Call of the year.

It was also an eventful year for Pain Alliance Europe (PAE), which welcomed two new members to its Board at the last PAE General Assembly: Liisa Jutila from Suomen Kipu Ry and Lucian-Andrei Despa from Myeloma Euronet Romania.

SIP was also present at different European events: SIP's Chair Patrice Forget represented SIP and spoke at a parallel session on working with chronic MSDs at the EU-OSHA Summit in Bilbao, Spain. PAE Association and Project Manager Emilia Kosińska represented SIP at the Polish Association for the Study of Pain Congress in Kraków, Poland. SIP's Project Manager Angela Cano represented SIP at the Spanish Pain Society Congress in Valencia, Spain, and was part of a dedicated session entitled the Societal Impact of Pain (SIP) Platform.

PAE's engagement and collaboration continues in various research initiatives, such as OECD PaRIS Knee and Hip Replacement Project, INTEGRATE-Pain, European Brain Council (EBC) Value of Treatment (VoT), QSPainRelief, as well as new initiatives, such as EU SafePolyMed and BrainStimPain. Recently, PAE also participated as a member in the PAREA discussion on psychedelic-assisted therapies at the European Parliament. Visit PAE's website to learn more about its activities.

Finally, we invite you to visit SIP's website and social media channels in order to be kept upto-date with all our activities.

As 2022 draws to end we wish to thank you for your continued support, engagement and collaboration. We wish you happy holidays and look forward to engaging with you in 2023.

Best wishes,

Dr. Brona Fullen, President of European Pain Federation EFIC & Ms. Deirdre Ryan, President of Pain Alliance Europe (PAE)



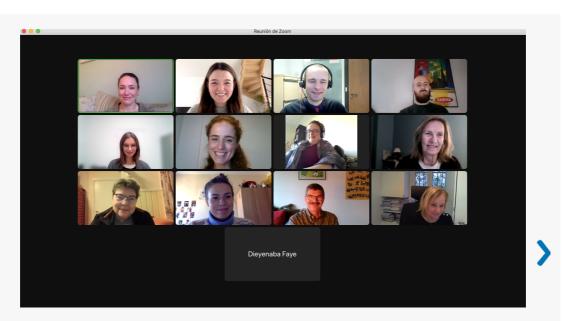
SIP ANNUAL STAKEHOLDER FORUM 2022

On 31 October 2022, the Societal Impact of Pain (SIP) Platform held its annual Stakeholder Forum meeting.

The Stakeholder Forum meeting aims to:

- 1. Give an overview of SIP's recent activities, achievements, and aspirations for the future,
- 2. Hear from stakeholders with a shared interest in pain policies, and related policies, and
- 3. Discuss potential areas of collaboration for the coming year.





REPORT FROM THE LAST SIP NATIONAL PLATFORM CALL

The SIP National Platform Call was held on 28 November. It was an opportunity to share with national platforms updates on:

- SIP 2022 activities and Stakeholder Forum 2022,
- SIP ICD-11 event and Road Map Monitor 2022,
- SIP's priorities and plan of action for 2023.

Please find the meeting report here.

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PAIN IN THE INTERNATIONAL CLASSIFICATION OF DISEASES (ICD-11): A SIP EVENT

On 29 November 2022, SIP hosted a multi-stakeholder virtual event entitled "Pain in the International Classification of Diseases (ICD-11): a SIP Event". ICD-11 implementation opportunities and the results of the 2022 SIP Road Map Monitor were discussed at the event.

2022 SIP Road Map Monitor takes stock of the status of different countries after the two challenging years of the COVID-19 pandemic. The analysis considers 5 parameters: national health frameworks of pain, pain as a quality indicator, pain research, pain in employment and pain education. Find out more.



RESULTS OF THE SIP ROAD MAP MONITOR 2022

ICD-11 (International Classification of Diseases 11th Revision) has been a SIP priority for a long time. As part of its activities, SIP revisited its Road Map Monitor. The new version is now available! Find out the status of different European countries on

- National Health Frameworks of Pain
- Pain as a Quality Indicator
- Pain Research
- Pain in Employment
- Pain Education

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In case you should have any question regarding the newsletter's contents, please contact Angela Cano Palomares: **angela.palomares@efic.org**.

In case you would like to endorse the SIP Platform or to publish news on the SIP Website, please contact: sip@efic.org

In case you should have any technical questions or need assistance, please contact Angela Cano Palomares (Website Editor): **sip@efic.org**

Contact Emilia Kosińska (PAE EU Affairs Coordinator) for patient-focused inquiries at info@pae-eu.eu

IMPRINT

The scientific framework of the SIP platform is under the responsibility of the European Pain Federation (EFIC®).

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