



European Pain Federation EFIC® Pain Schools 2024 Verona, 5-7 November 2024

PAIN PSYCHOLOGY FOR NON-PSYCHOLOGISTS

Tuesday 5 November 2024 - Classification, pathophysiology, and assessment of pain

Registration and opening	Time	Title Speaker		
Pain classification, physiology of nociception and acute pain Chronic pain: ICD-11 classification, nociceptive and neuropathic pain Stefano Tamburin (Verona, Italy)	8.00 - 8.30	Registration and opening		
and acute pain 20	Session 1: Pain classificat	ion and pathophysiology – I (Chairs: Enrico Po	lati, Daniele Battelli)	
and neuropathic pain 10.00 – 10.40 Cancer pain Bart Morlion (Leuven, Belgium) 10.40 – 11.00 Discussion 11.00 – 11.10 Coffee break Session 2: Pain classification and pathophysiology – II (Chairs: Vittorio Schweiger, Luis Garcia-Larrea) 11.10 – 11.50 Headache and cranio-facial pain Cristina Tassorelli (Pavia, Italy) 11.50 – 12.30 Nociplastic pain Piercarlo Sarzi Puttini (Milan, Italy) Piercarlo Sarzi Puttini (Milan, Italy) 12.30 – 13.00 Primary pain and functional neurological disorders Jiscussion 13.20 — 14.00 Lunch break Session 3: The multidimensionality of pain (Chairs: Lidia Del Piccolo, Ulrike Kaiser) The multidimensionality of pain and ICD-11 classification: psychological features and the biopsychosocial model 14.50 – 15.30 Placebo and nocebo effect and their clinical applications 15.30 – 15.45 Discussion 15.45 — 16.00 Coffee break Session 4: Multidimensional assessment of pain (Chairs: Gianluca Castelnuovo, Bart Morlion) Scales for the assessment of nociceptive and neuropathic pain and headache 16.50 – 17.20 Cales for the assessment of the psychological features of pain Marialuisa Gandolfi (Verona, Italy) Marialuisa Gandolfi (Verona, Italy) Ulrike Kaiser (Lubeck, Germany)	8.30 – 9.20	Luis Garcia-Larrea (Lvon, Franc		
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18.00 – 18.20 Discussion	17.20– 18.00		Ulrike Kaiser (Lubeck, Germany)	
	18.00 – 18.20	Discussion		





Wednesday 6 November 2024 – Psychological and neuropsychiatric features of pain and multimodal treatment

Pain, depression, and anxiety disorders: comorbidities and shared therapeutic targets 9.10 – 09.10 Pain depression, and anxiety disorders: comorbidities and shared therapeutic targets 9.10 – 09.50 Pain and sleep disturbances Elena Antelmi (Verona, Italy) 9.50 – 10.30 Pain and substance use disorders Kevin Vowles (Belfast, UK) 10.30 – 10.45 Discussion 10.45 – 11.00 Coffee break Session 2: Psychological features, cognition and pain chronification (Chairs: Lidia del Piccolo, Gianluca Castelnuovo) 11.00 – 11.35 Sex and gender differences in pain Psychological features and prevention of pain chronification Chronic pain and cognition Psychological features and prevention of pain chronification Michelle Semonella, Giada Pietrabissa (Milan, Italy) 12.45 – 13.00 Discussion 13.45 – 14.25 Pharmacological interventions for pain (Chairs: Cristiano Chiamulera, Milchele Triazzzi) 13.45 – 14.25 Pharmacology of chronic pain psychopharmacology of chronic pain pharmacology of chronic	Time	Title Speaker		
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17.15 — 17.40 Non-invasive brain stimulation for the treatment of pain Healthy lifestyles and physical activity for prevention and treatment of pain TBD Ron-invasive brain stimulation for the treatment of pain Healthy lifestyles and physical activity for prevention and treatment of pain Federico Schena (Verona, Italy)	16.20 – 16.50	Psychotherapy for pain	Gianluca Castelnuovo (Milan, Italy)	
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17.15 – 17.40 treatment of pain Healthy lifestyles and physical activity for prevention and treatment of pain Elisa Mantovani (Verona, Italy) Federico Schena (Verona, Italy)	16.50 – 17.15	cancer pain management	TBD	
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17.40 – 18.05 activity for prevention and treatment of pain Federico Schena (Verona, Italy)	17.15 - 17.40	treatment of pain		
of pain		Healthy lifestyles and physical		
	17.40 – 18.05	activity for prevention and treatment	Federico Schena (Verona, Italy)	
18.05-18.30 Physical therapies and rehabilitation Alessandro Picelli (Verona. Italv)		of pain		
(1,,)	18.05-18.30	Physical therapies and rehabilitation	Alessandro Picelli (Verona, Italy)	





	for the treatment of pain	
18.30 – 19.00	Discussion	

Thursday 7 November 2024 - Psychological features of pain

Time	Title	Speaker	
Session 1: Models for the p	sychological assessment of pain (Chairs: Lidi	a del Piccolo, Edmund Keogh)	
8.30 – 9.20	Best practices in the psychological	Gerhard Andersson (Linkoping,	
	assessment of pain	Sweden)	
	The psychological assessment of		
9:20 - 9.50	patients undergoing invasive	Cinzia Perlini (Verona, Italy)	
	treatments for pain		
00.50 10.20	Pain assessment in people with	Miriam Kunz (Augsburg, Germany)	
09.50 – 10.20	cognitive impairment	Miliam Kunz (Augsburg, Germany)	
	Telemedicine, internet of medical		
10.20 - 10.50	things and information technology	Ruben Nieto Luna (Barcelona, Spain)	
	applications		
10.50 – 11.05	Discussion		
11.05 – 11.20	Coffee break		
Session 2: Pain psychology	r: interactive sessions and focus groups		
11.20 – 14.00	Communication and Interprofessional working in pain management	Lidia del Piccolo, Cinzia Perlini, Valeria Donisi, Ilenia Pasini (Verona, Italy)	
14.00 – 15.30	Methodology, research and evidence-based medicine for psychological treatments research	Elisa Mantovani (Verona, Italy), Emanuele Maria Giusti (Varese, Italy)	
15.30 – 15.40	Closing remarks		
15.40 – 16.00	CME (ECM – test for Italian		
	participants)		

Hours of educational actitivities				
Day	Tuesday	Wednesday	Thursday	Total
Lectures	7h, 30'	7h, 30'	1h, 20'	16h, 50'
Discussion	1h, 15'	1h, 15'	0h, 15'	2h, 45'
Interactive sessions	0h	0h	2h,10'	2h, 10'

SCHOOL PROGRAM COMMITTEE

Prof. Stefano Tamburin, MD, PhD, Associate Professor, Department of Neurosciences, Biomedicine and Movement Sciences, University of Verona, Italy; Vicepresident Associazione Italiana per lo Studio del Dolore (AISD), Italian IASP/EFIC chapter

Prof.ssa Lidia Del Piccolo, PsyD, PhD, Full Professor, Department of Neurosciences, Biomedicine and Movement Sciences, University of Verona, Italy; Head, Clinical Psychology Unit, Verona University Hospital, Italy

Prof. Gianluca Castelnuovo, PsyD, PhD, Full Professor, Department of Psychology, Catholic University of the Sacred Heart, Milan, Italy; Head, Clinical Psychology Unit and Lab, IRCCS Auxologico, Milan, Italy





Dr. Daniele Battelli, EDPM, MD, Specialist in Anesthesia, Intensive Care and Pain Medicine, State Hospital of San Marino Republic, Member, Executive Board of the European Pain Federation (EFIC)

Dr. Elisa Mantovani, PhD, Department of Neurosciences, Biomedicine and Movement Sciences, University of Verona, Italy





SCHOOL FACULTY		
Name	City	Country
Gerhard Andersson	Linkoping	Sweden
Elena Antelmi	Verona	Italy
Corrado Barbui	Verona	Italy
Daniele Battelli	Borgo Maggiore	San Marino
Gianluca Castelnuovo	Milan	Italy
Cristiano Chiamulera	Verona	Italy
Roberto De Icco	Pavia	Italy
Lidia Del Piccolo	Verona	Italy
Valeria Donisi	Verona	Italy
Andrea Fagiolini	Siena	Italy
Mirta Fiorio	Verona	Italy
Diego Maria Michele Fornasari	Milan	Italy
Marialuisa Gandolfi	Verona	Italy
Luis Garcia-Larrea	Lyon	France
Emanuele Maria Giusti	Varese	Italy
Ulrike Kaiser	Lubeck	Germany
Edmund Keogh	Bath	UK
Miriam Kunz	Augsburg	Germany
Elisa Mantovani	Verona	Italy
Bart Morlion	Leuven	Belgium
Ruben Nieto Luna	Barcelona	Spain
Ilenia Pasini	Verona	Italy
Cinzia Perlini	Verona	Italy
Alessandro Picelli	Verona	Italy
Giada Pietrabissa	Milan	Italy
Enrico Polati	Verona	Italy
Piercarlo Sarzi Puttini	Milan	Italy
Federico Schena	Verona	Italy
Vittorio Schweiger	Verona	Italy
Michelle Semonella	Milan	Italy
Nicola Smania	Verona	Italy
Stefano Tamburin	Verona	Italy
Cristina Tassorelli	Pavia	Italy
Michele Tinazzi	Verona	Italy
	Rome	Italy
Andrea Truini	Rome	italy





TARGET AUDIENCE

The target audience for the Pain School is early-to-mid career healthcare professionals who are interested in developing their skills and competencies to better understand the psychological aspects of pain. Participants from both clinical and research backgrounds who are already working in the field of pain management or who are considering a career in pain management are encouraged to apply. Given the theme of the Pain School and the EFIC's philosophy of multi-disciplinarity and interdisciplinarity, the School is intended for applicants from different professions (i.e., medical doctors, nurses, physiotherapists, etc.), including trainees. The Pain School is intended for 30 attendees, of whom 15 will be covered by the EFIC grant and 15 will be self-payer.

The School's program is expected to cover the following sections of EFIC's post-graduate curricula in Pain Psychology:

- Section 1: Pain science and knowledge (1.3, 1.5)
- Section 2: Pain medicine roles in practice
- Section 3: Principles of assessment and measurement in pain
- Section 4: Treatment and pain management
- Section 5: Subgroups and clinical conditions

The School's program will also cover the sections related to pain psychology in the Pain Medicine curriculum, including those listed below:

- Section 1.6: Biopsychosocial aspects of pain psychological assessment (1.6.13-1.6.15) and psychological management (1.6.16)
- Section 2: Pain medicine roles in practice therapeutic relationships (2.4.1-2.4.7), obtaining relevant information (2.4.8-2.4.10), sharing information with patients and significant others (2.4.11-2.4.17) and sharing information (2.4.18-2.4.21)

The School's program will complement the Pain Nursing and Pain physiotherapy curricula, which currently do not cover pain psychology.

The School's faculty includes local and international multi-professional experts in the field of pain psychology and pain medicine from both clinical and research backgrounds.