



EFIC-PAIN OUT Pain School on Acute, Perioperative and Trauma-Related Pain, 9 – 11th, March 2025

PROGRAM - **PRELIMINARY** – SAVE THE DATE

Sunday, 09 March 25, evening	Get together/conference dinner
------------------------------	--------------------------------

Day 1	Monday, 10th March, 09:00 – 17
	Discussions on how to manage perioperative care of patients undergoing Orthopedic & Gynecological surgery – the SIMPLE CASES
	Morning
	Introducing two case studies: an orthopedic patient & gynecological patient
	Pain assessment
	Organizing an Acute and Transitional Pain Serve, exchange of experiences
	Treatment techniques I: Opioids & non-opioids
	Treatment techniques II: Regional and local anesthesia techniques
	Treatment techniques III: Multi-modal care
	Treatment techniques VI: Non-pharmacological care

	Afternoon
	The surgeon's approach to perioperative care of the 2 cases studies
	The nurse's approach to perioperative care of the 2 cases studies
	Breakout groups to discuss the cases
	Presenting the results and discussion
	Quality indicators in perioperative pain management

Day 2	Tuesday, 11th March , 09:00 – 15
	Discussions on how to manage perioperative care of patients undergoing MAJOR obstetric/cancer surgery or major orthopedic / cancer surgery
	Morning
	The surgeon's approach to perioperative care
	The anesthetist's approach
	The nurse's approach to perioperative care
	Breakout groups to discuss the cases
	Presenting the results and discussion

	Afternoon
	Preparing a patient after major surgery/trauma for discharge & recovery during the sub-acute
	Introducing pediatric perioperative pain management
	Summary and conclusions

Faculty

- Mienke Rijdsdijk, MD, anesthesiologist, Netherlands
- Dusica Stamenkovic, MD, anesthesiologist, Serbia
- **Iveta Golubovska, MD, anesthesiologist, Latvia – host**
- Valdis Skotelis, MD, pediatric anesthesiologist, Latvia
- Jorge Jiménez Cruz, MD, Obstetrics & Gynecology, Germany
- Per Kjaersgaard-Andersen, MD, Orthopedic surgeon, Denmark
- Rianne van Boekel, PhD, RN, Netherlands
- Nadja Nestler, PhD, RN, Austria

Organizers

Claudia Weinmann, Germany
Winfried Meissner, Germany
Ruth Zaslansky, German